

Highlights

Looking at utilization metrics this month, three out the five metrics show an increase in volumes. Acute care admissions went from -13% below pre-COVID baselines in December to -11% in January, with all but one hospital presenting increase in volumes as depicted in Table 2 of the report. Psychiatric admissions also present a slight uptick in volumes going from -27% below baseline in December to -25% in January. Although ambulatory surgeries percent change remains steady in Fig. 1 below, a slight increase in volumes can be noted as presented in Table 17 of the report. Emergency department visits show a slim decline in volumes going from -20% below baselines in December to -22% in January, and observation admissions mirror the same pattern going from -1% to -4% below baselines as pictured in Fig. 1 below.

Fig. 1: Acute Care Hospitals Percentage Change, December 2024 - January 2025 Compared to January 2020

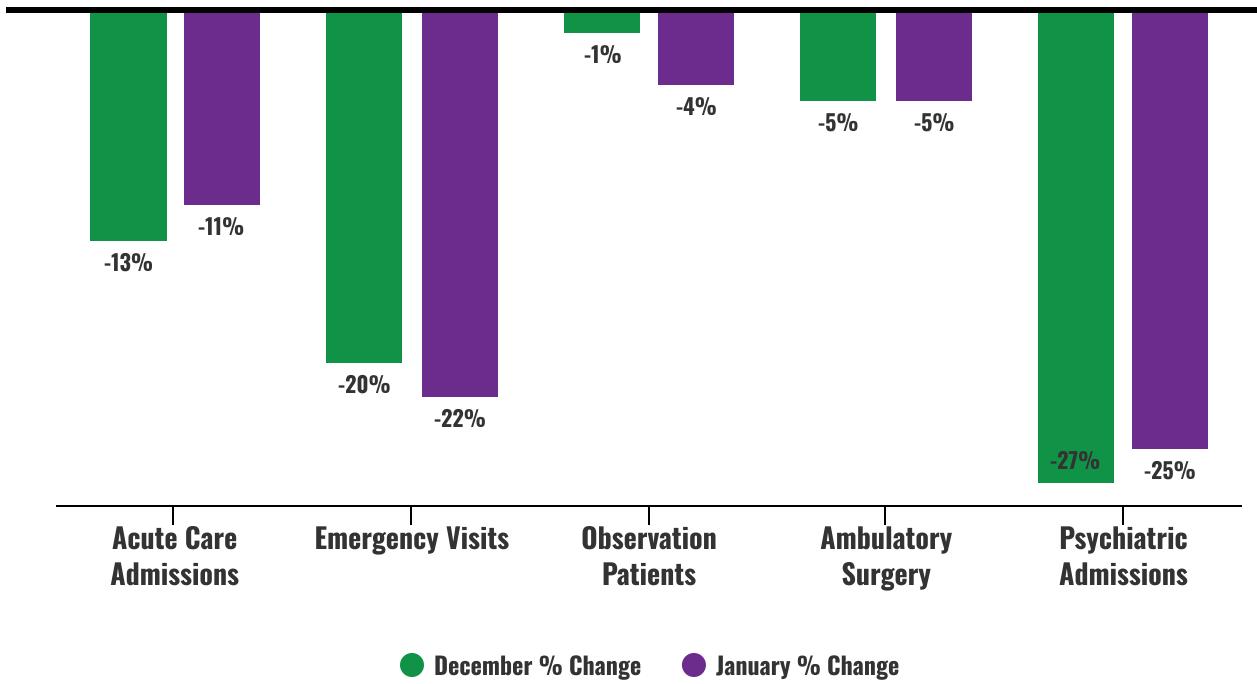


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Admissions

Note: In this section, "Admissions" excludes newborns and SNF patients

Table 1: Acute Care Hospitals - Current Admissions Compared to Previous Intervals

	CURRENT MONTH		LAST 3 MONTHS		LAST 12 MONTHS	
	Actual This Year	% Change From Last Year	Average This Year	% Change From Last Year	Average This Year	% Change From Last Year
ADMISSIONS						
Acute						
Children's National Hospital	1,197	1.35	1,225	-0.33	1,169	-0.67
George Washington University Hospital	1,380	1.55	1,339	-1.98	1,347	-3.17
Howard University Hospital	596	-0.67	557	-6.70	570	-5.52
MedStar Georgetown University Hospital	1,372	10.02	1,306	7.76	1,296	9.50
MedStar Washington Hospital Center	2,571	1.82	2,516	0.63	2,486	-0.09
Sibley Memorial Hospital	1,093	8.11	1,062	7.60	1,043	7.38
United Medical Center	236	-15.11	218	-25.51	244	-15.72
ACUTE TOTAL	8445	2.98	8223	0.48	8154	0.63

Table 2: Acute Care Hospitals – Admissions Previous 15 Months

	Acute Care Hospital Admissions - previous 15 months														
	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25
Children's National Hospital	1272	1235	1181	1123	1208	1217	1221	1032	1020	1070	1225	1234	1205	1274	1197
George Washington University Hospital	1359	1379	1359	1340	1416	1378	1437	1290	1319	1316	1317	1340	1311	1325	1380
Howard University Hospital	565	626	600	565	598	578	607	536	575	610	562	533	515	560	596
MedStar Georgetown University Hospital	1219	1170	1247	1279	1292	1347	1310	1218	1327	1267	1230	1358	1280	1266	1372
MedStar Washington Hospital Center	2478	2497	2525	2377	2447	2435	2541	2500	2483	2575	2347	2576	2445	2531	2571
Sibley Memorial Hospital	1000	951	1011	1039	1032	1039	1073	965	1018	1089	984	1085	1010	1084	1093
United Medical Center	318	282	278	264	276	254	302	234	257	235	234	223	205	213	236
TOTAL	8211	8140	8201	7987	8269	8248	8491	7775	7999	8162	7899	8349	7971	8253	8445

Chart 1: Acute Care Hospitals – Aggregate Admissions Most Recent 15 Months

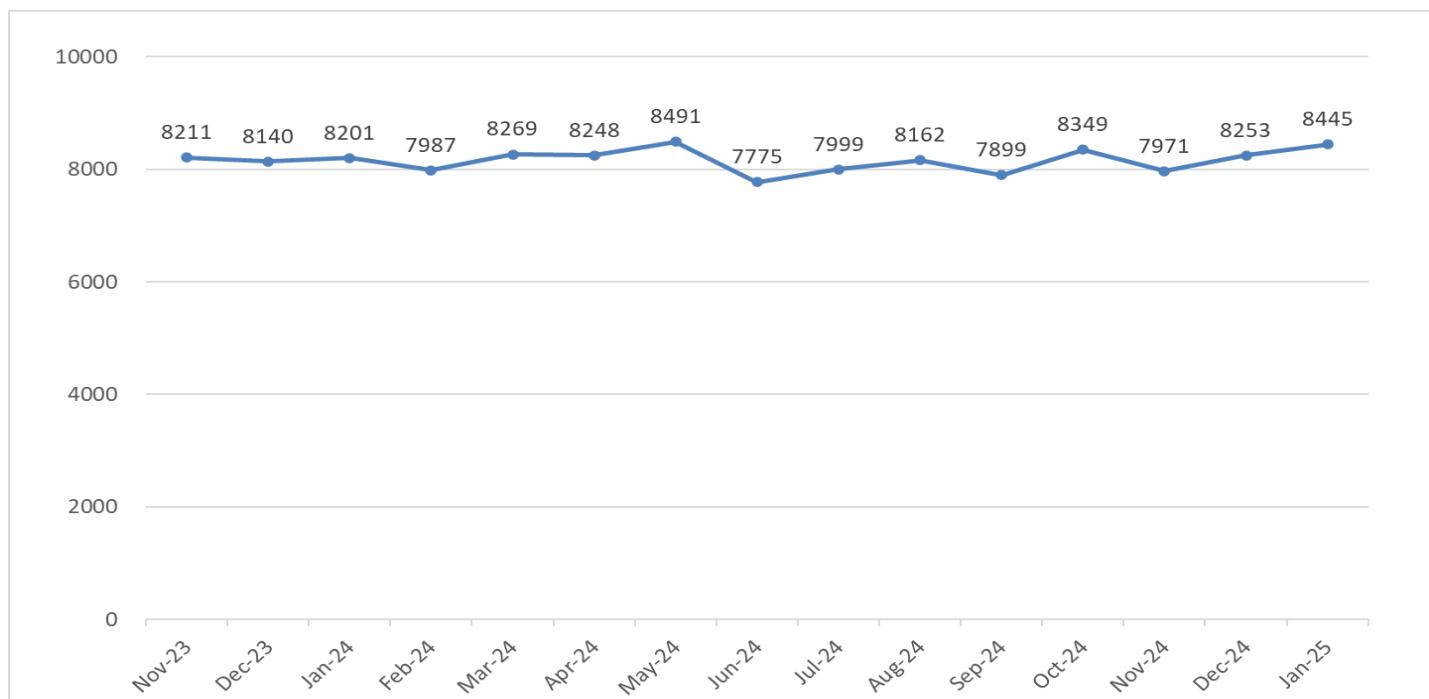


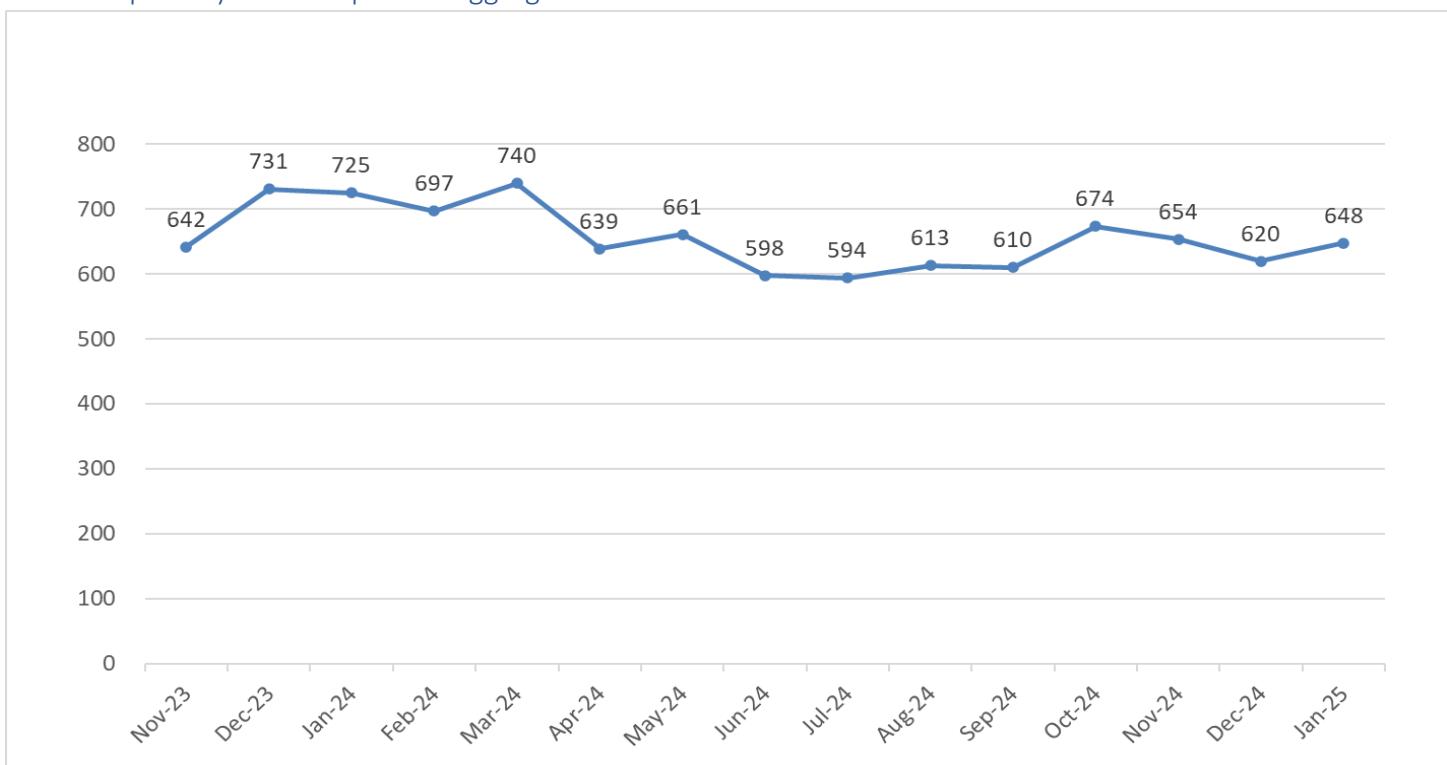
Table 3: Specialty Care Hospitals – Current Admissions Compared to Previous Intervals

	CURRENT MONTH		LAST 3 MONTHS		LAST 12 MONTHS	
	Actual This Year	% Change From Last Year	Average This Year	% Change From Last Year	Average This Year	% Change From Last Year
ADMISSIONS						
Acute						
BridgePoint Hospital -Capitol Hill	34	-37.04	44	0.76	42	-0.78
BridgePoint Hospital -National Harborside	44	-2.22	37	-6.78	36	-0.92
MedStar National Rehabilitation Hospital	157	-9.77	153	-9.82	155	-6.83
Psychiatric Institute of Washington	386	-12.27	377	-10.32	380	-1.21
Saint Elizabeths Hospital	27	125.00	30	13.92	33	25.87
ACUTE TOTAL	648	-10.62	641	-8.39	646	-1.50

Table 4: Specialty Care Hospitals – Admissions Previous 15 Months by Hospital

Specialty Hospital Admissions - previous 15 months															
	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25
MedStar National Rehabilitation Hospital	154	181	174	178	165	147	153	154	151	148	145	156	148	154	157
Psychiatric Institute of Washington	386	434	440	406	442	370	381	348	345	367	364	403	384	360	386
Saint Elizabeths Hospital	35	32	12	40	41	36	36	29	30	32	29	36	31	32	27
BridgePoint Hospital -Capitol Hill	38	40	54	39	50	47	48	37	31	36	46	41	55	44	34
BridgePoint Hospital -National Harborside	29	44	45	34	42	39	43	30	37	30	26	38	36	30	44
TOTAL	642	731	725	697	740	639	661	598	594	613	610	674	654	620	648
						lowest				highest					

Chart 2: Specialty Care Hospitals – Aggregate Admissions Most Recent 15 Months



Patient Days

Note: In this section, “Patient Days” excludes newborns and SNF patients

Table 5: Patient Days for Acute Care and Specialty Care Hospitals – Current Compared with Previous Intervals

	CURRENT MONTH		LAST 3 MONTHS		LAST 12 MONTHS	
	Actual This Year	% Change From Last Year	Average This Year	% Change From Last Year	Average This Year	% Change From Last Year
PATIENT DAYS						
Acute						
Children's National Hospital	6,496	-3.76	6,842	5.41	6,700	2.67
George Washington University Hospital	8,240	-8.70	8,299	-3.06	8,200	-1.87
Howard University Hospital	3,512	-1.57	3,249	-2.05	3,340	-0.27
MedStar Georgetown University Hospital	11,371	9.44	11,130	12.39	10,778	11.86
MedStar Washington Hospital Center	21,001	1.72	20,358	3.42	19,806	2.49
Sibley Memorial Hospital	4,934	11.86	4,767	9.48	4,423	2.22
United Medical Center	1,530	-10.94	1,442	-19.55	1,611	-4.02
ACUTE TOTAL	57084	1.02	56088	3.67	54858	3.12
BridgePoint Hospital -Capitol Hill	1,026	-20.28	1,074	-8.70	1,084	-8.98
BridgePoint Hospital -National Harborside	1,116	-1.24	970	-8.23	1,040	1.65
MedStar National Rehabilitation Hospital	2,664	-5.46	2,728	-1.68	2,716	-2.53
Psychiatric Institute of Washington	2,869	-19.36	2,643	-24.62	2,947	-10.41
Saint Elizabeths Hospital	8,302	9.22	8,101	7.28	8,153	14.66
SPECIALTY TOTAL	15977	-2.54	15516	-3.42	15940	3.50
GRAND TOTAL	73061	0.22	71604	2.04	70798	3.21

Psychiatric Admissions and Patient Days

Table 6: Psychiatric Admissions and Patient Days Current Compared to Previous Intervals

	CURRENT MONTH		LAST 3 MONTHS		LAST 12 MONTHS	
	Actual This Year	% Change From Last Year	Average This Year	% Change From Last Year	Average This Year	% Change From Last Year
PSYCH ADMISSIONS						
Acute						
Children's National Hospital	59	-4.84	55	-4.09	59	7.48
George Washington University Hospital	34	-19.05	35	-18.11	41	-10.77
Howard University Hospital	27	3.85	26	3.95	30	3.18
MedStar Georgetown University Hospital	31	0.00	31	10.59	30	1.68
MedStar Washington Hospital Center	107	-2.73	115	4.85	105	-5.07
Sibley Memorial Hospital	51	27.50	48	11.54	50	11.73
United Medical Center	54	-14.29	58	-28.69	64	-28.74
ACUTE TOTAL	363	-2.94	369	-4.90	379	-6.36
Specialty						
Psychiatric Institute of Washington	386	-12.27	377	-10.32	380	-1.21
Saint Elizabeths Hospital	27	125.00	30	13.92	33	25.87
SPECIALTY TOTAL	413	-8.63	407	-8.89	413	0.53
GRAND TOTAL	776	-6.05	775	-7.03	792	-2.89
PSYCH PATIENT DAYS						
Acute						
Children's National Hospital	535	-17.94	555	-7.91	585	-4.84
George Washington University Hospital	146	-41.13	164	-22.24	175	-27.14
Howard University Hospital	164	3.14	136	3.54	145	-2.74
MedStar Georgetown University Hospital	148	14.73	145	3.08	137	0.43
MedStar Washington Hospital Center	827	4.42	795	-2.65	783	-2.00
Sibley Memorial Hospital	352	32.83	337	12.95	354	1.17
United Medical Center	223	-23.37	246	-25.25	274	-29.91
ACUTE TOTAL	2395	-5.56	2379	-5.99	2453	-8.48
Specialty						
Psychiatric Institute of Washington, D.C.	2,869	-19.36	2,643	-24.62	2,947	-10.41
Saint Elizabeths Hospital	8,302	9.22	8,101	7.28	8,153	14.66
SPECIALTY TOTAL	11171	0.11	10743	-2.83	11100	6.73
GRAND TOTAL	13566	-0.94	13122	-3.42	13553	3.62

Table 7: Psychiatric Admissions Previous 15 Months by Hospital

Psychiatric Admissions - previous 15 months															
	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25
Children's National Hospital	47	62	62	58	60	62	66	55	51	59	60	69	53	52	59
George Washington University Hospital	41	44	42	44	45	59	48	35	36	35	49	42	34	36	34
Howard University Hospital	24	26	26	25	32	40	38	29	29	31	25	29	28	24	27
MedStar Georgetown University Hospital	23	31	31	23	32	31	37	19	27	31	39	30	28	35	31
MedStar Washington Hospital Center	108	112	110	79	109	104	96	95	113	115	107	91	118	121	107
Sibley Memorial Hospital	46	44	40	55	48	50	52	40	51	62	45	52	52	42	51
United Medical Center	103	78	63	65	76	64	84	62	58	63	60	65	63	57	54
Psychiatric Institute of Washington	386	434	440	406	442	370	381	348	345	367	364	403	384	360	386
Saint Elizabeths Hospital	35	32	12	40	41	36	36	29	30	32	29	36	31	32	27
TOTAL	813	863	826	795	885	816	838	712	740	795	778	817	791	759	776
						lowest				highest					

Chart 3: Acute Care Hospitals and Psychiatric Institutions – Psychiatric Admissions Aggregate Most Recent 15 Months

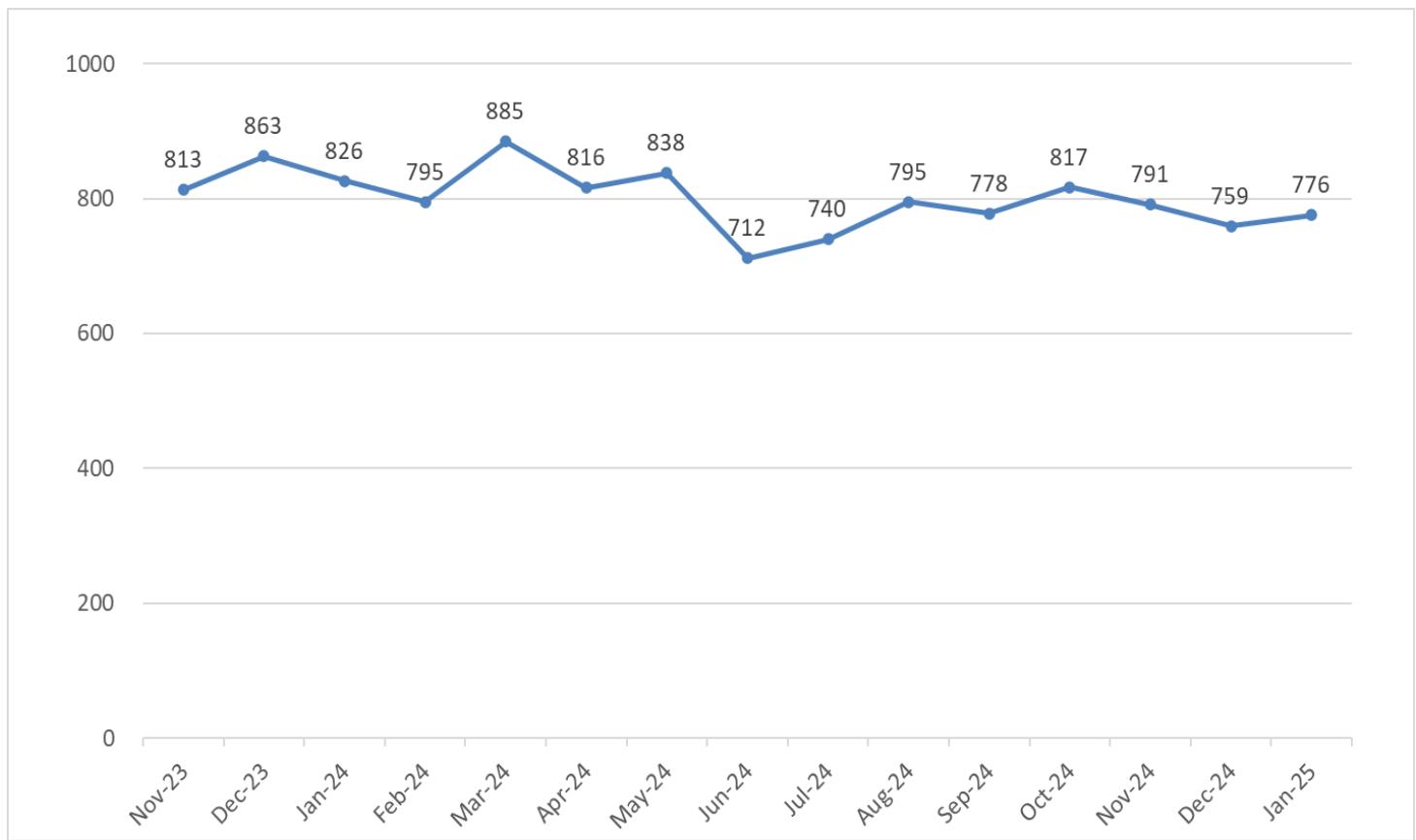
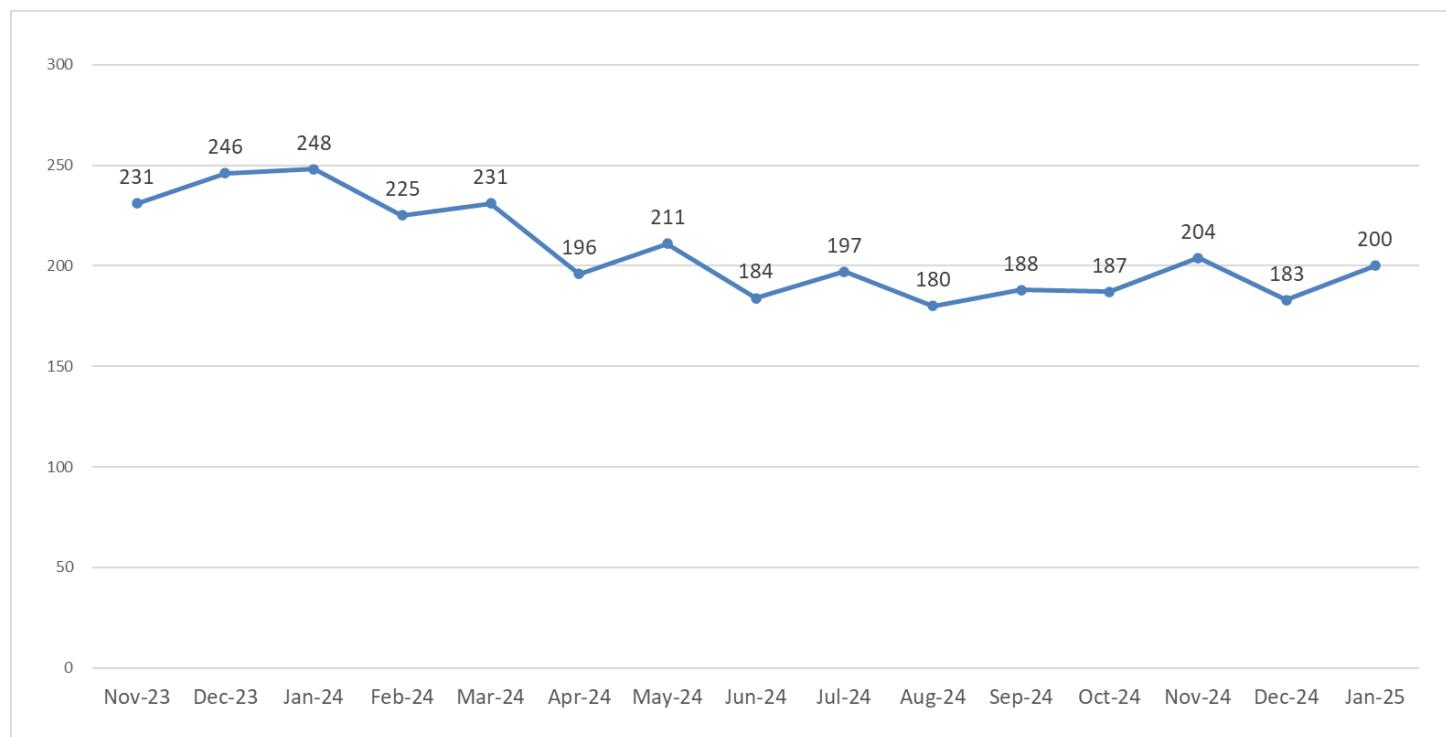


Table 8: Civil Commitment Admissions – Admissions Previous 15 Months by Hospital

Civil Commitment Admissions - previous 15 months															
	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25
MedStar Washington Hospital Center	38	40	43	32	24	34	34	36	46	49	48	37	37	55	43
Psychiatric Institute of Washington, D.C.	131	153	168	159	173	124	136	116	121	105	114	118	135	102	131
Saint Elizabeth's Hospital	3	5	5	4	4	2	3	2	0	1	1	2	2	2	2
United Medical Center	59	48	32	30	30	36	38	30	30	25	25	30	30	24	24
TOTAL	231	246	248	225	231	196	211	184	197	180	188	187	204	183	200

lowest highest

Chart 4: Civil Commitment Admissions – Aggregate Admissions Most Recent 15 Months



Rehabilitation Admissions and Patient Days

Table 9: Rehabilitation Admissions and Patient Days Current Compared with Previous Intervals

REHAB ADMISSIONS						
Acute						
George Washington University Hospital	37	2.78	34	-1.90	30	-6.91
Subacute Rehab						
MedStar National Rehabilitation Hospital	157	-9.77	153	-9.82	155	-6.83
GRAND TOTAL	194	-7.62	187	-8.47	185	-6.84
REHAB PATIENT DAYS						
Acute						
George Washington University Hospital	406	-5.36	391	-2.66	379	-1.69
Subacute Rehab						
MedStar National Rehabilitation Hospital	2,664	-5.46	2,728	-1.68	2,716	-2.53

Skilled Nursing Facility Admissions and Patient Days

Table 10: SNF Admissions and Patient Days Current Compared with Previous Intervals

	CURRENT MONTH		LAST 3 MONTHS		LAST 12 MONTHS	
	Actual This Year	% Change From Last Year	Average This Year	% Change From Last Year	Average This Year	% Change From Last Year
SNF ADMISSIONS						
Acute						
Sibley Memorial Hospital	34	41.67	33	57.14	26	26.61
ACUTE TOTAL	34	41.67	33	57.14	26	26.61
Specialty						
BridgePoint Hospital -Capitol Hill	11	-52.17	11	-51.47	19	-10.84
BridgePoint Hospital -National HarborSide	13	-27.78	12	-38.60	15	-13.79
SPECIALTY TOTAL	24	-41.46	23	-45.60	33	-12.17
GRAND TOTAL	58	-10.77	56	-11.17	59	1.57
SNF PATIENT DAYS						
Acute						
Sibley Memorial Hospital	722	57.99	667	49.63	563	28.15
ACUTE TOTAL	722	57.99	667	49.63	563	28.15
Specialty						
BridgePoint Hospital -Capitol Hill	3,423	1.21	3,388	2.49	3,361	1.14
BridgePoint Hospital -National HarborSide	3,577	-4.43	3,537	-3.12	3,679	1.80
SPECIALTY TOTAL	7000	-1.75	6925	-0.46	7040	1.48
GRAND TOTAL	7722	1.85	7593	2.56	7602	3.07

Newborn and Neonatal ICU Data: Admissions and Patient Days

Table 11: Newborn Admissions and Patient Days— Current Compared to Previous Intervals

	CURRENT MONTH		LAST 3 MONTHS		LAST 12 MONTHS	
	Actual This Year	% Change From Last Year	Average This Year	% Change From Last Year	Average This Year	% Change From Last Year
NEWBORN ADMISSIONS						
George Washington University Hospital	126	-20.75	141	-3.20	147	-1.99
Howard University Hospital	62	-38.61	60	-37.80	72	-25.43
MedStar Georgetown University Hospital	69	1.47	72	13.61	69	5.85
MedStar Washington Hospital Center	279	-3.13	276	-8.72	286	-2.08
Sibley Memorial Hospital	315	8.62	306	3.97	320	2.67
ACUTE TOTAL	851	-6.07	855	-5.25	895	-2.33
NEWBORN PATIENT DAYS						
George Washington University Hospital	219	-21.51	267	0.25	285	3.67
Howard University Hospital	278	-38.50	238	-42.97	276	-22.41
MedStar Georgetown University Hospital	160	4.58	172	12.88	169	9.35
MedStar Washington Hospital Center	1,251	-3.25	1,300	-5.93	1,278	-3.18
Sibley Memorial Hospital	899	10.04	847	0.04	892	7.45
ACUTE TOTAL	2807	-6.25	2824	-7.85	2899	-1.21

Table 12: Newborn Admissions by Hospital Previous 15 Months

Newborn Admissions - previous 15 months															
	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25
George Washington University Hospital	164	114	159	139	146	147	155	149	178	154	156	122	157	140	126
Howard University Hospital	91	99	101	88	79	69	77	78	71	76	90	50	68	51	62
MedStar Georgetown University Hospital	64	59	68	46	67	51	87	70	70	78	73	73	79	69	69
MedStar Washington Hospital Center	327	291	288	257	282	284	283	287	298	323	290	305	290	258	279
Sibley Memorial Hospital	297	295	290	319	331	290	336	312	334	368	308	327	303	299	315
TOTAL	943	858	906	849	905	841	938	896	951	999	917	877	897	817	851

Chart 5: Newborn Admissions – Most Recent 15 Months

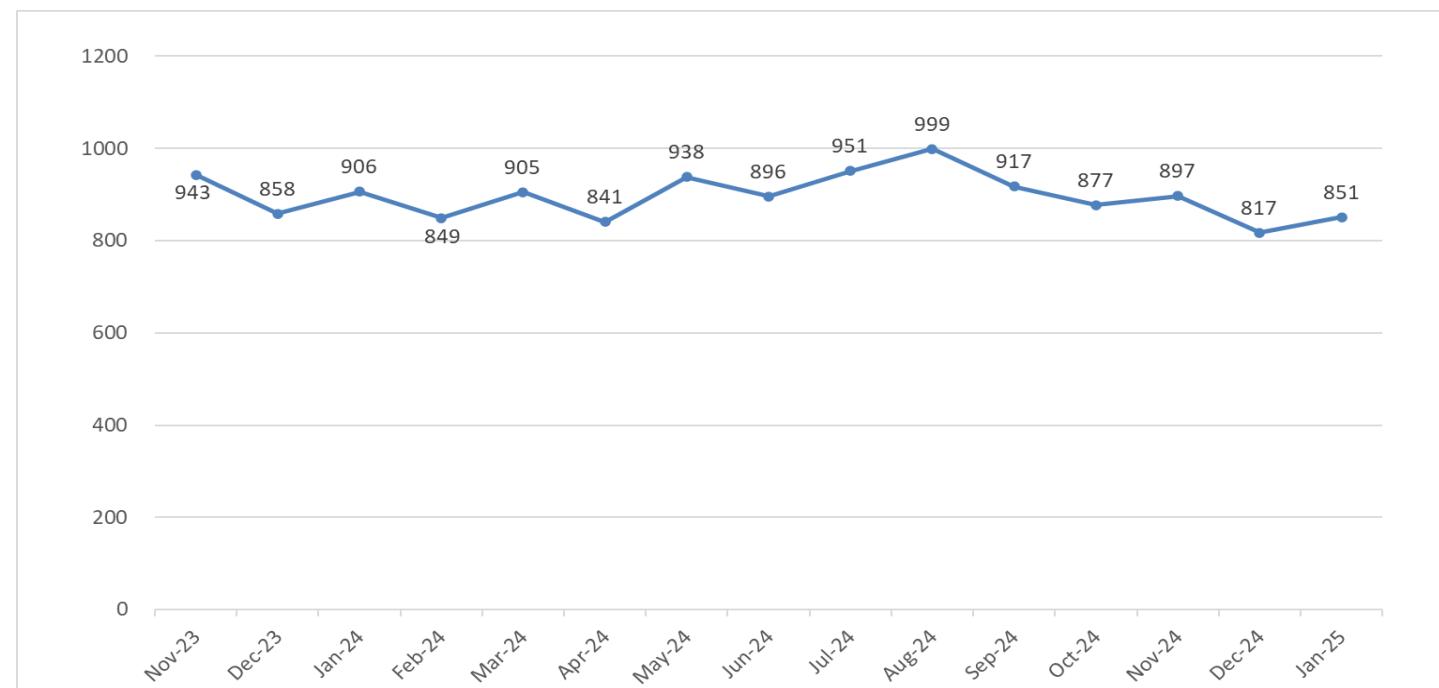


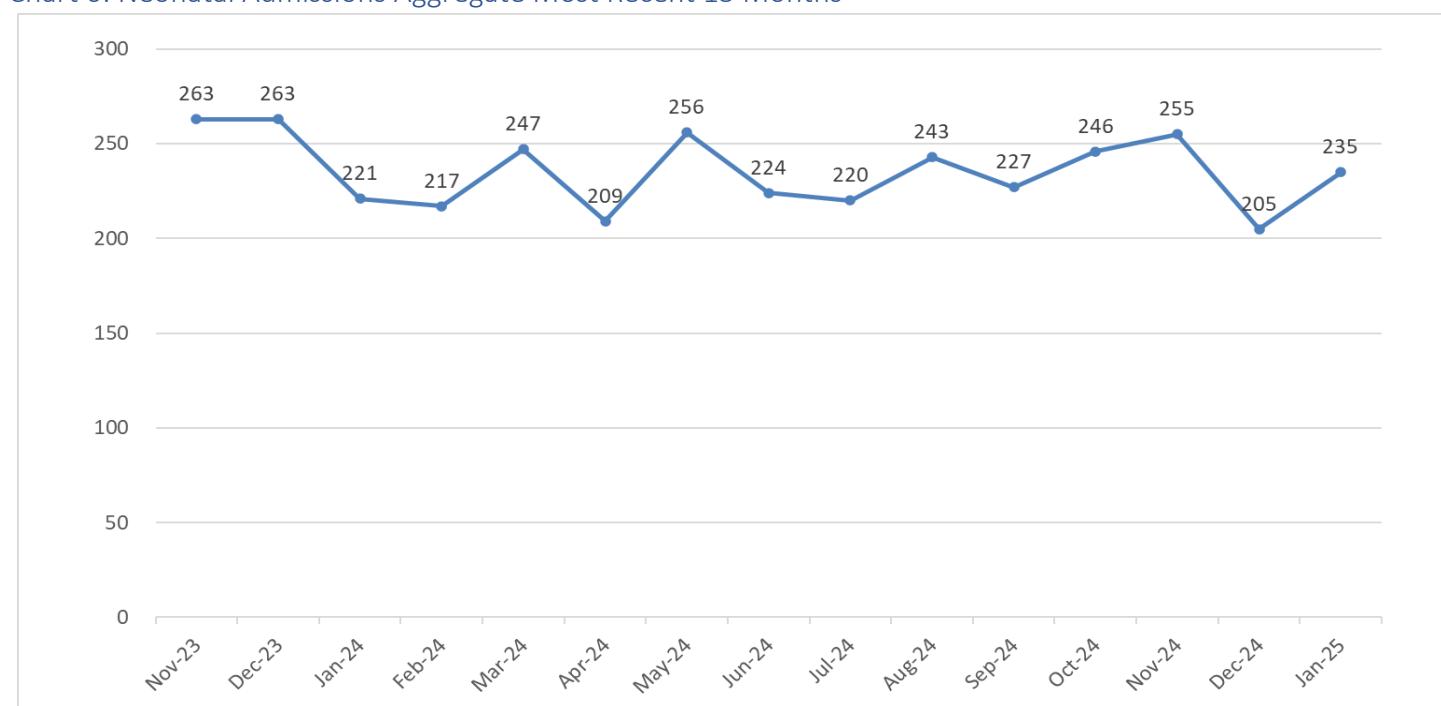
Table 13: Neonatal ICU Admissions and Patient Days—Current Compared to Previous Intervals

	CURRENT MONTH		LAST 3 MONTHS		LAST 12 MONTHS	
	Actual This Year	% Change From Last Year	Average This Year	% Change From Last Year	Average This Year	% Change From Last Year
NEONATAL ADMISSIONS						
Children's National Hospital	90	23.29	77	-7.60	74	3.03
George Washington University Hospital	29	20.83	24	-12.20	27	8.50
Howard University Hospital	1	-66.67	2	-57.14	4	-2.00
MedStar Georgetown University Hospital	37	60.87	26	13.04	25	-3.91
MedStar Washington Hospital Center	78	-20.41	103	-7.23	103	-1.98
ACUTE TOTAL	235	6.33	232	-6.96	232	0.47
NEONATAL PATIENT DAYS						
Children's National Hospital	1,951	-4.17	1,997	-0.79	1,994	-0.41
George Washington University Hospital	336	-13.62	450	0.52	434	4.43
Howard University Hospital	56	60.00	31	-58.77	50	-23.63
MedStar Georgetown University Hospital	811	64.84	808	56.35	650	50.39
MedStar Washington Hospital Center	800	-5.21	860	-5.73	814	-5.09
ACUTE TOTAL	3954	4.16	4146	4.56	3943	4.48

Table 14: Neonatal Admissions by Hospital Previous 15 Months

Neonatal Admissions - previous 15 months															
	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25
Children's National Hospital	89	88	73	70	70	81	86	70	64	68	75	68	74	67	90
George Washington University Hospital	29	29	24	25	25	20	32	24	26	39	28	28	29	14	29
Howard University Hospital	6	5	3	6	3	6	5	2	2	8	4	7	2	3	1
MedStar Georgetown University Hospital	23	23	23	25	33	23	25	17	21	32	18	23	19	22	37
MedStar Washington Hospital Center	116	118	98	91	116	79	108	111	107	96	102	120	131	99	78
TOTAL	263	263	221	217	247	209	256	224	220	243	227	246	255	205	235
									lowest					highest	

Chart 6: Neonatal Admissions Aggregate Most Recent 15 Months



Emergency Department Visits

Table 15: Emergency Department Visits– Current Compared to Previous Intervals

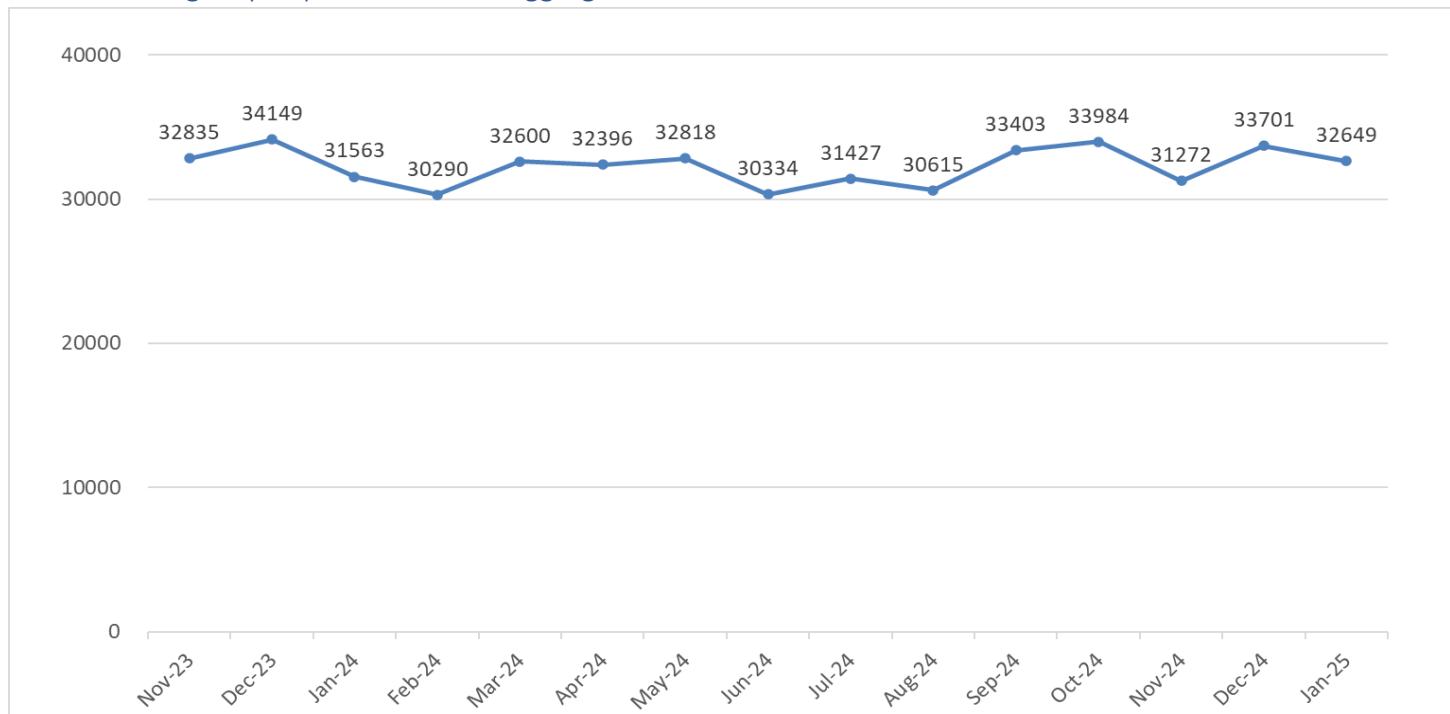
	CURRENT MONTH		LAST 3 MONTHS		LAST 12 MONTHS	
	Actual This Year	% Change From Last Year	Average This Year	% Change From Last Year	Average This Year	% Change From Last Year
EMERGENCY DEPARTMENT VISITS						
Children's National Hospital	6,098	0.18	6,464	-0.43	5,996	-2.08
Children's National Hospital at UMC	2,061	-3.92	2,170	-6.60	2,093	-3.95
George Washington University Hospital	4,306	13.41	4,364	-0.91	4,325	-5.77
Howard University Hospital	3,851	-7.52	3,867	-5.12	3,938	-5.65
MedStar Georgetown University Hospital	3,426	19.12	3,240	13.83	3,179	18.35
MedStar Washington Hospital Center	6,855	11.81	6,364	-1.68	6,397	-2.50
Sibley Memorial Hospital	3,227	-4.89	3,279	0.19	3,305	2.62
United Medical Center	2,825	-4.88	2,793	-5.73	2,891	-1.40
ACUTE TOTAL	32649	3.44	32541	-0.94	32124	-1.05

Table 16: Emergency Department Visits by Hospital Previous 15 Months

Emergency Department Admissions - previous 15 months																
	Nov-23	Dec-23	Jan-24	Feb-24	Mar-24	Apr-24	May-24	Jun-24	Jul-24	Aug-24	Sep-24	Oct-24	Nov-24	Dec-24	Jan-25	
Children's National Hospital @ UMC	2357	2467	2145	2193	2419	2356	2283	1606	1537	1491	2461	2262	2084	2364	2061	
Children's National Hospital	6583	6805	6087	5809	6350	6405	6127	4823	5091	4582	6760	6611	6381	6913	6098	
George Washington University Hospital	4662	4752	3797	3811	4173	4229	4052	4477	4445	4436	4470	4716	4379	4406	4306	
Howard University Hospital	4032	4031	4164	3852	3981	3951	4026	3937	3951	4038	3888	4034	3806	3944	3851	
MedStar Georgetown University Hospital	2670	2993	2876	2938	3155	3164	3244	3027	3195	3217	3072	3410	3011	3283	3426	
MedStar Washington Hospital Center	6437	6850	6131	6001	6384	6291	6576	6483	6628	6660	6356	6296	5755	6481	6855	
Sibley Memorial Hospital	3178	3248	3393	3036	3191	3189	3533	3045	3539	3250	3388	3655	3174	3437	3227	
United Medical Center	2916	3003	2970	2650	2947	2811	2977	2936	3041	2941	3008	3000	2682	2873	2825	
TOTAL	32835	34149	31563	30290	32600	32396	32818	32818	30334	31427	30615	33403	33984	31272	33701	32649

lowest **highest**

Chart 7: Emergency Department Visits Aggregate – Most Recent 15 Months



Ambulatory Surgeries

Table 17: Ambulatory Surgeries by Hospital Current Compared with Previous Intervals

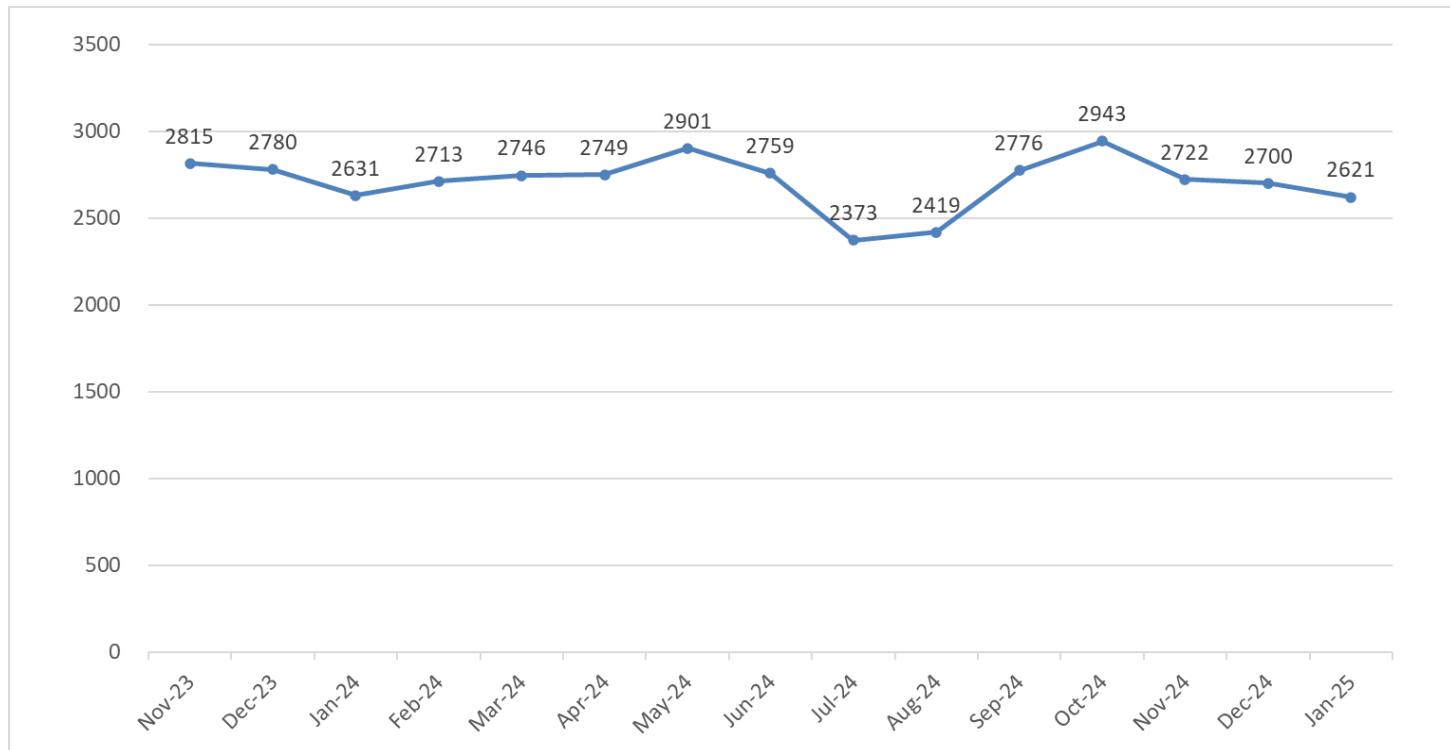
	CURRENT MONTH		LAST 3 MONTHS		LAST 12 MONTHS	
	Actual This Year	% Change From Last Year	Average This Year	% Change From Last Year	Average This Year	% Change From Last Year
AMBULATORY SURGERIES						
Children's National Hospital	1,331	3.26	1,250	-0.79	1,323	0.41
George Washington University Hospital	1,043	-9.15	1,097	1.04	1,162	7.61
Howard University Hospital	361	-30.17	440	-12.99	511	-7.02
MedStar Georgetown University Hospital	826	-0.72	817	15.33	808	9.49
MedStar Washington Hospital Center	901	2.50	880	6.88	900	2.33
Sibley Memorial Hospital	743	5.54	756	10.96	753	4.49
United Medical Center	48	-57.14	48	-56.13	91	-17.63
ACUTE TOTAL	5253	-4.16	5288	2.22	5548	2.82

Observation Patients

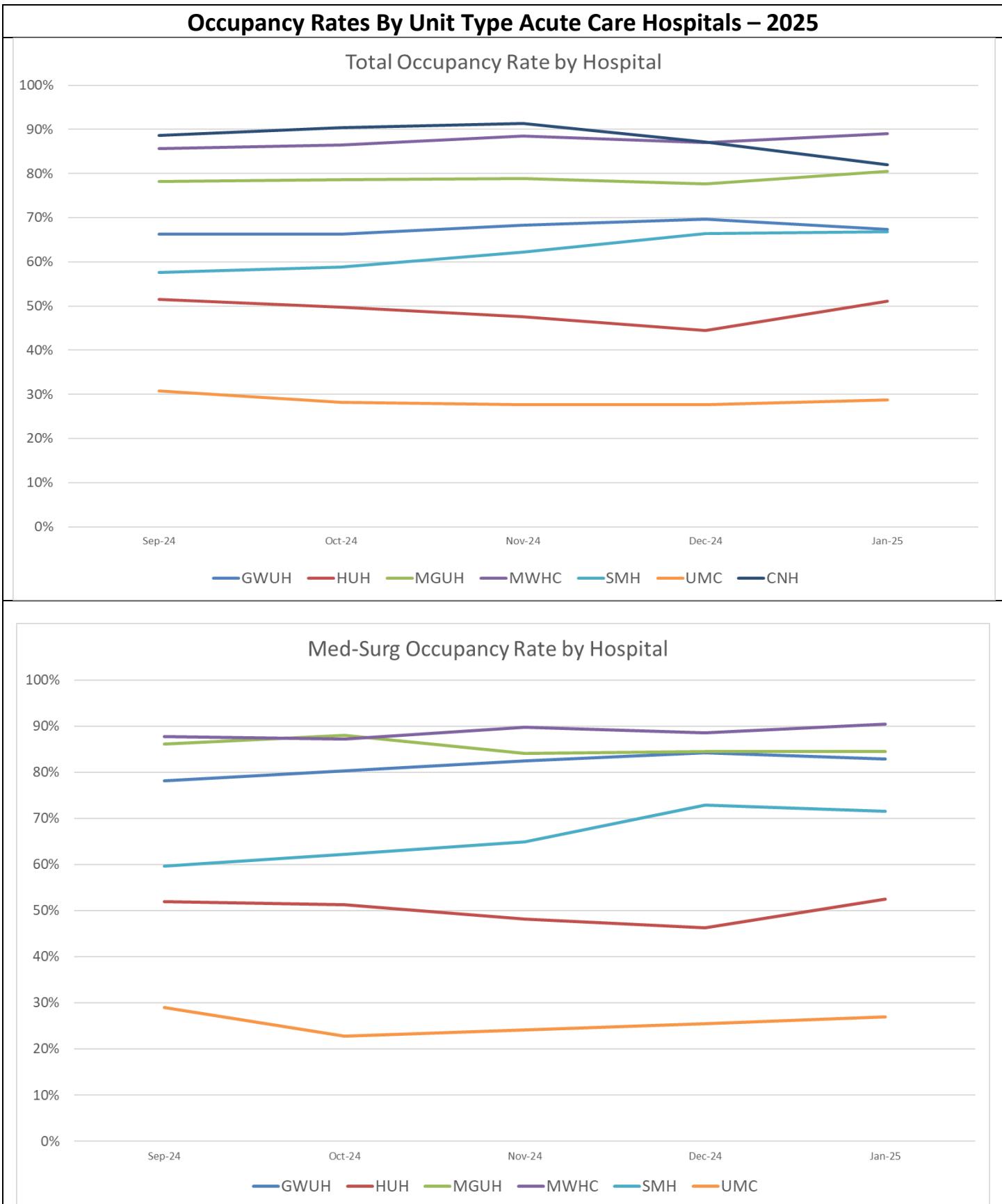
Table 18: Observation Admissions by Hospital Current Compared with Previous Intervals

	CURRENT MONTH		LAST 3 MONTHS		LAST 12 MONTHS	
	Actual This Year	% Change From Last Year	Average This Year	% Change From Last Year	Average This Year	% Change From Last Year
OBSERVATIONS PATIENTS						
Acute						
Children's National Hospital	940	-10.05	1,084	-4.13	1,088	-5.21
George Washington University Hospital	107	9.18	95	0.00	97	-10.01
Howard University Hospital	81	-25.00	86	-32.38	92	-39.84
MedStar Georgetown University Hospital	393	23.20	351	12.61	347	22.65
MedStar Washington Hospital Center	590	12.17	581	5.31	575	-0.99
Sibley Memorial Hospital	333	4.06	333	2.77	332	-1.51
United Medical Center	177	-17.67	150	-25.25	171	-1.11
ACUTE TOTAL	2621	-0.38	2681	-2.22	2702	-2.88

Chart 8: Observation Patient Admissions Aggregate – Most Recent 15 Months

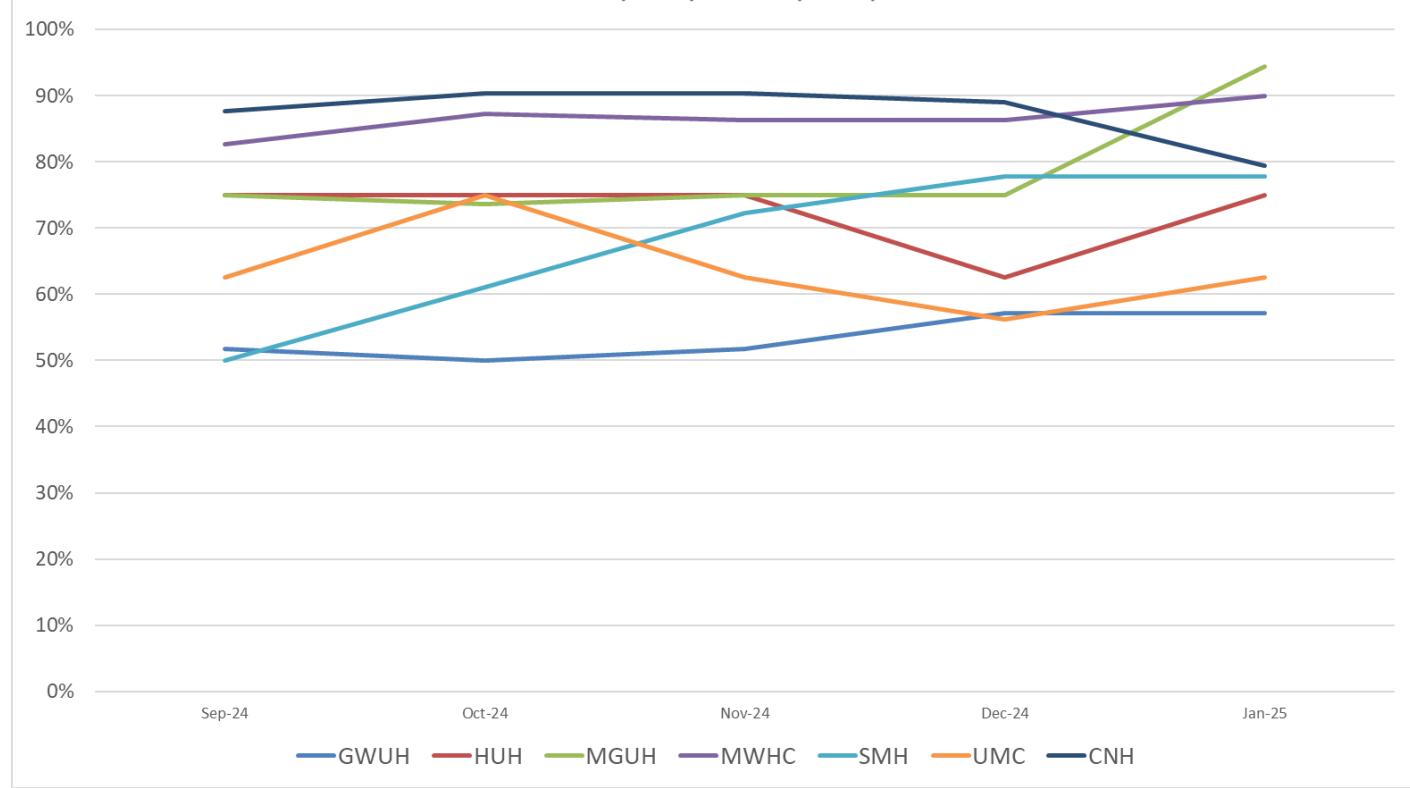


Average Daily Census By Hospital By Service

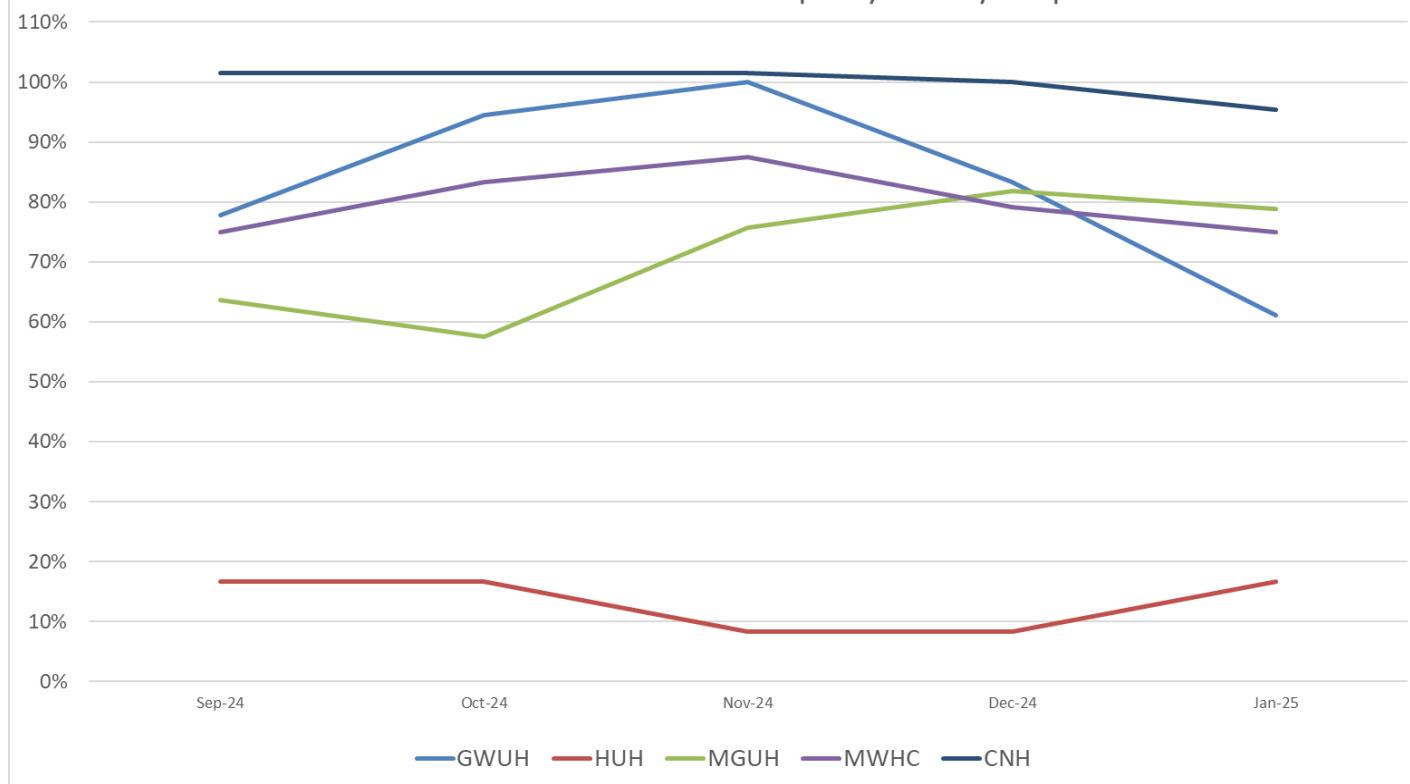


Occupancy Rates By Unit Type Acute Care Hospitals – 2025

ICU Occupancy Rate by Hospital

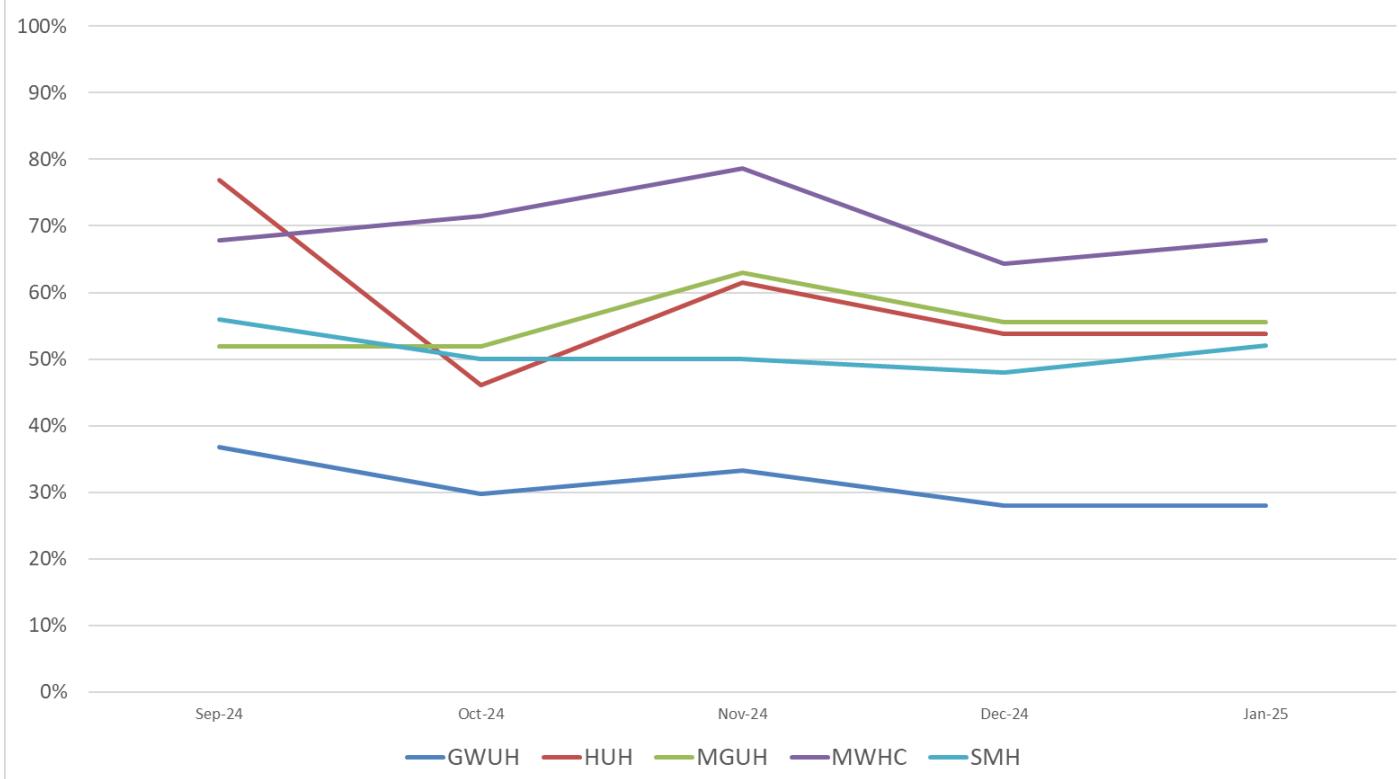


Neonatal Intensive Care Unit Occupancy Rate by Hospital

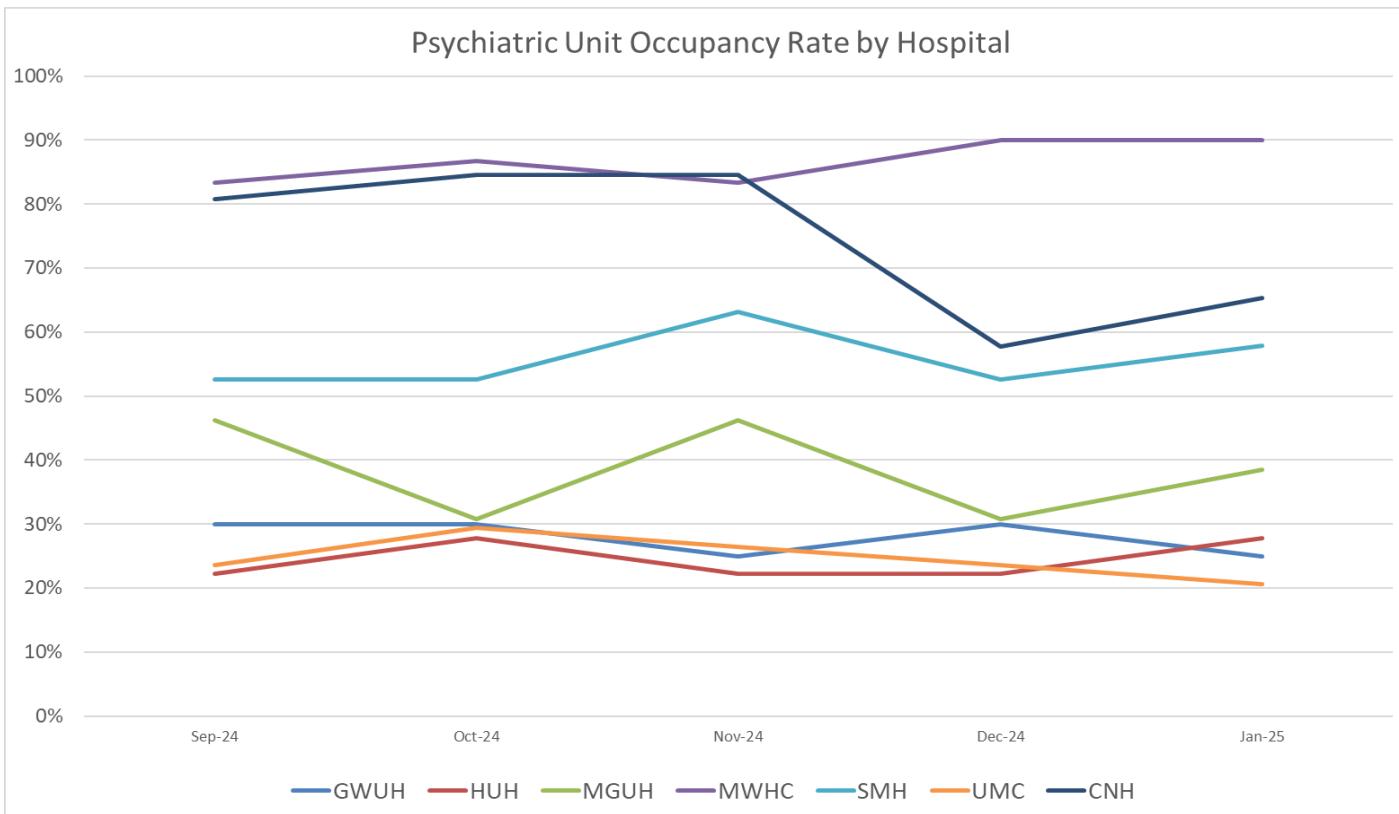


Occupancy Rates By Unit Type Acute Care Hospitals – 2025

OB-GYN Occupancy Rate by Hospital

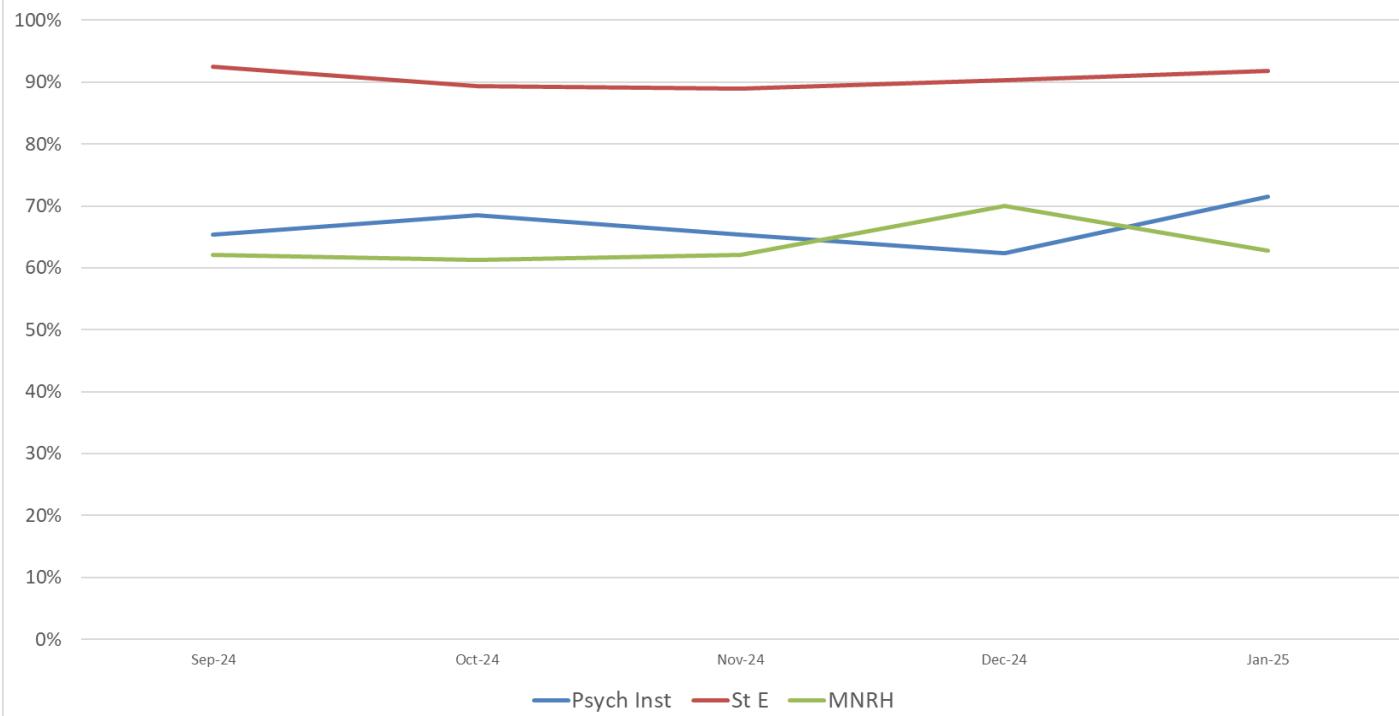


Psychiatric Unit Occupancy Rate by Hospital

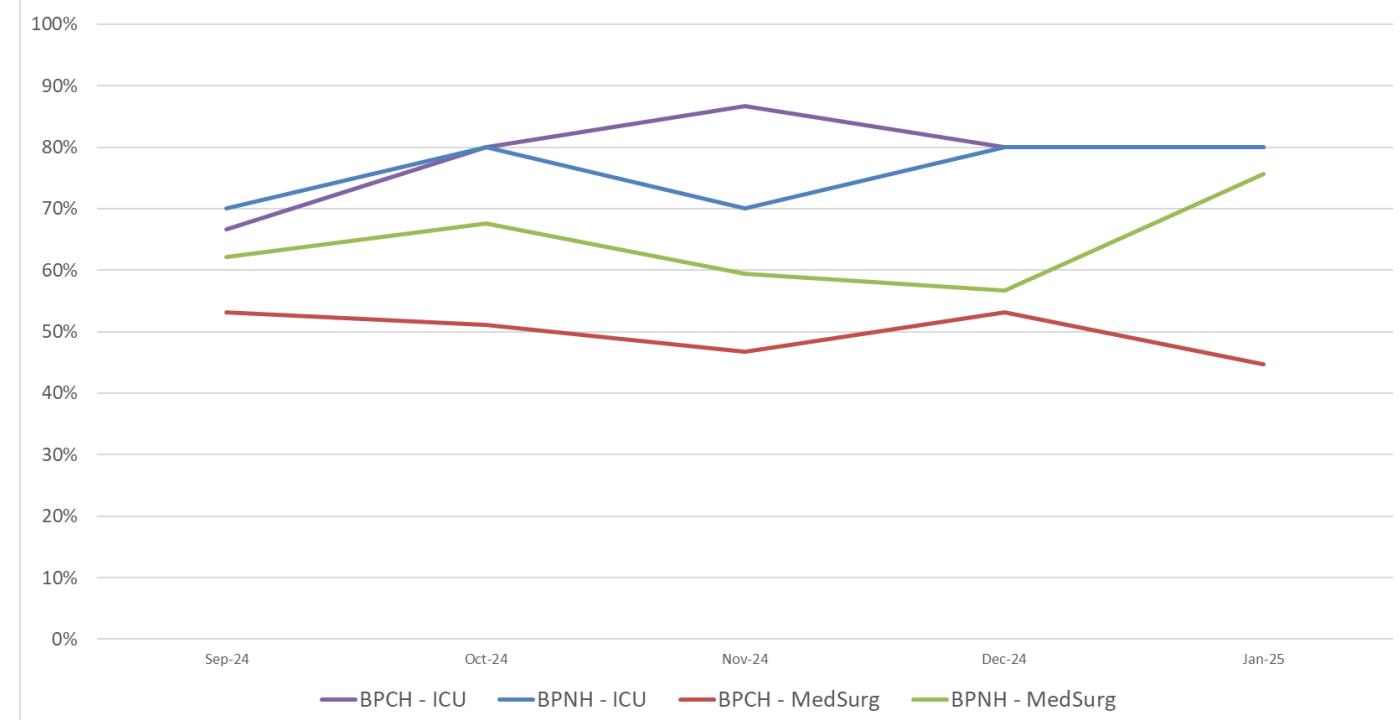


Occupancy Rates Specialty Hospitals - 2025

Specialty Facility Occupancy Rate by Hospital



Long Term Acute Care Facility Occupancy Rate by Hospital



Occupancy Rates Specialty Hospitals - 2025

