

Monthly Utilization Report

May 2023

Highlights

A generalized increase in utilization metrics with respect to pre-COVID baselines was observed for May 2023 compared to April. All hospitals saw an increase in acute care admissions with totals going from -18% below baseline in April to -13% this month. Emergency department visits presented their highest volume in the past 15 months increasing from -22% below pre-COVID baselines in April to -18% this month. Observation admissions saw the biggest increase in volumes going from 15% in April to 34% over baseline in May, and psychiatric admissions and ambulatory surgeries also increased going from -25% to -20% and -5% to 6% over baseline respectively.

Fig. 1: Acute Care Hospitals
Percentage Change April - May 2023 Compared to January 2020

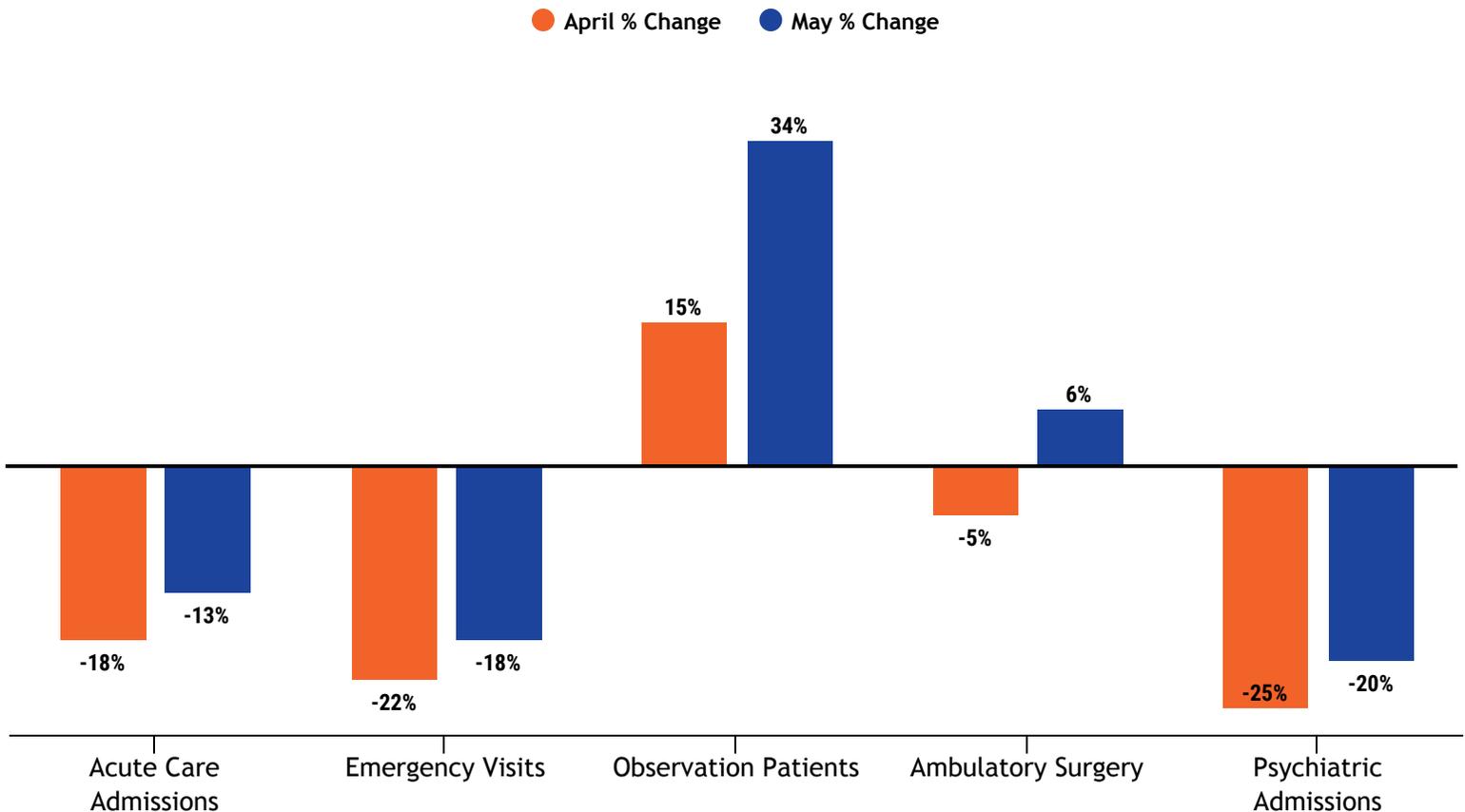


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Admissions

Note: In this section, “Admissions” excludes newborns and SNF patients

Table 1: Acute Care Hospitals - Current Admissions Compared to Previous Intervals

	CURRENT MONTH		LAST 3 MONTHS		LAST 12 MONTHS	
	Actual This Year	% Change From Last Year	Average This Year	% Change From Last Year	Average This Year	% Change From Last Year
ADMISSIONS						
Acute						
Children's National Hospital	1,211	5.03	1,227	2.28	1,208	-3.78
George Washington University Hospital	1,380	-6.06	1,369	-8.78	1,317	-11.76
Howard University Hospital	587	-15.05	604	-7.22	611	-5.54
MedStar Georgetown University Hospital	1,207	2.99	1,183	-2.15	1,159	-5.74
MedStar Washington Hospital Center	2,590	1.73	2,525	0.88	2,420	-1.94
Sibley Memorial Hospital	1,019	5.82	966	2.73	933	0.47
United Medical Center	296	1.37	303	-0.98	294	-0.09
ACUTE TOTAL	8290	0.05	8178	-1.60	7940	-4.49

Table 2: Acute Care Hospitals – Admissions Previous 15 Months

Acute Care Hospital Admissions - previous 15 months															
	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Jan-23	Feb-23	Mar-23	Apr-23	May-23
Children's National Hospital	1276	1170	1153	1117	1183	1257	1347	1311	1231	1089	1150	1124	1300	1170	1211
George Washington University Hospital	1565	1467	1469	1360	1371	1329	1226	1250	1313	1276	1277	1293	1439	1287	1380
Howard University Hospital	594	669	691	617	592	638	624	608	612	613	642	570	661	565	587
MedStar Georgetown University Hospital	1232	1224	1172	1135	1144	1225	1096	1141	1223	1094	1187	1110	1219	1124	1207
MedStar Washington Hospital Center	2547	2416	2546	2435	2526	2513	2291	2436	2306	2284	2368	2309	2553	2432	2590
Sibley Memorial Hospital	948	910	963	935	992	996	839	931	919	874	924	887	942	937	1019
United Medical Center	323	304	292	286	333	296	298	221	282	308	299	289	320	294	296
TOTAL	8485	8160	8286	7885	8141	8254	7721	7898	7886	7538	7847	7582	8434	7809	8290
					lowest			highest							

Chart 1: Acute Care Hospitals – Aggregate Admissions Most Recent 15 Months

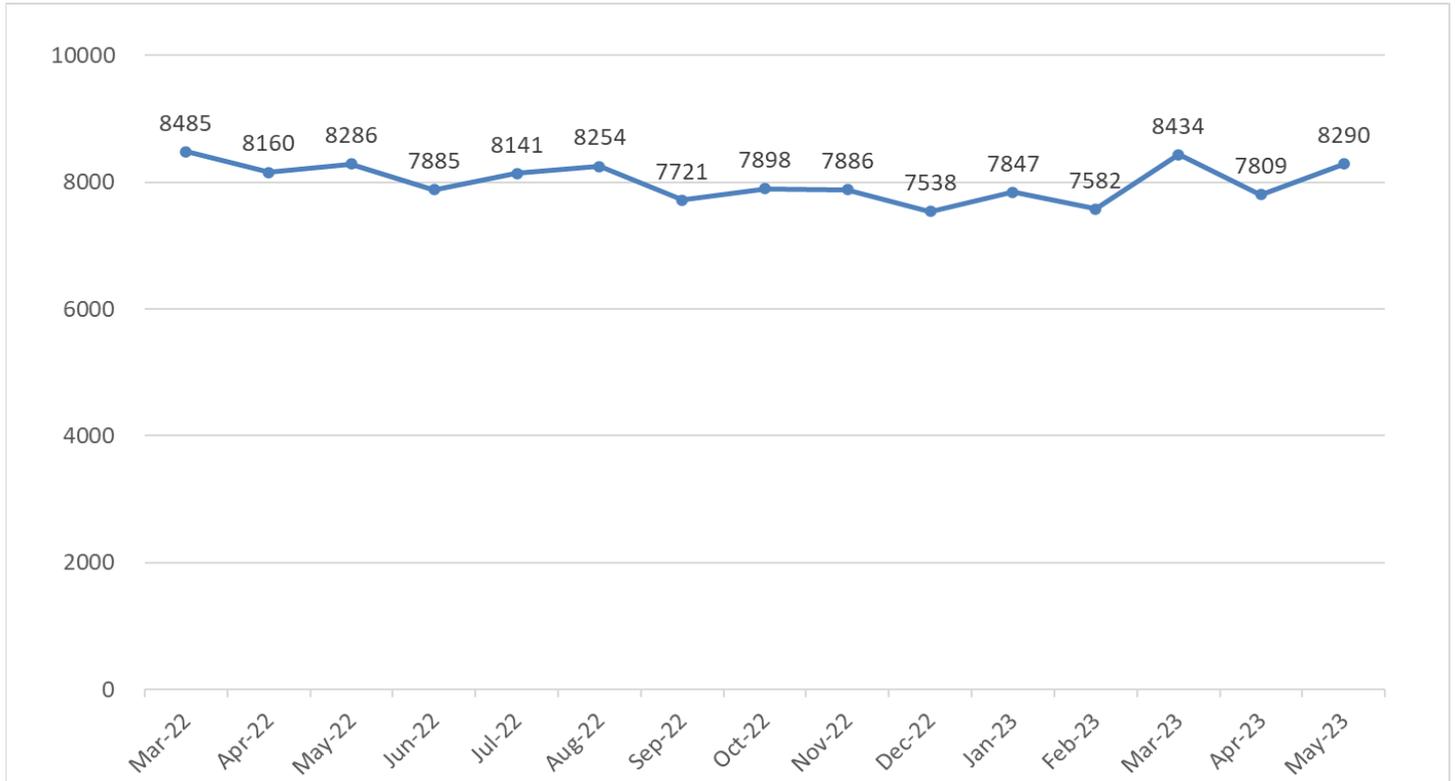


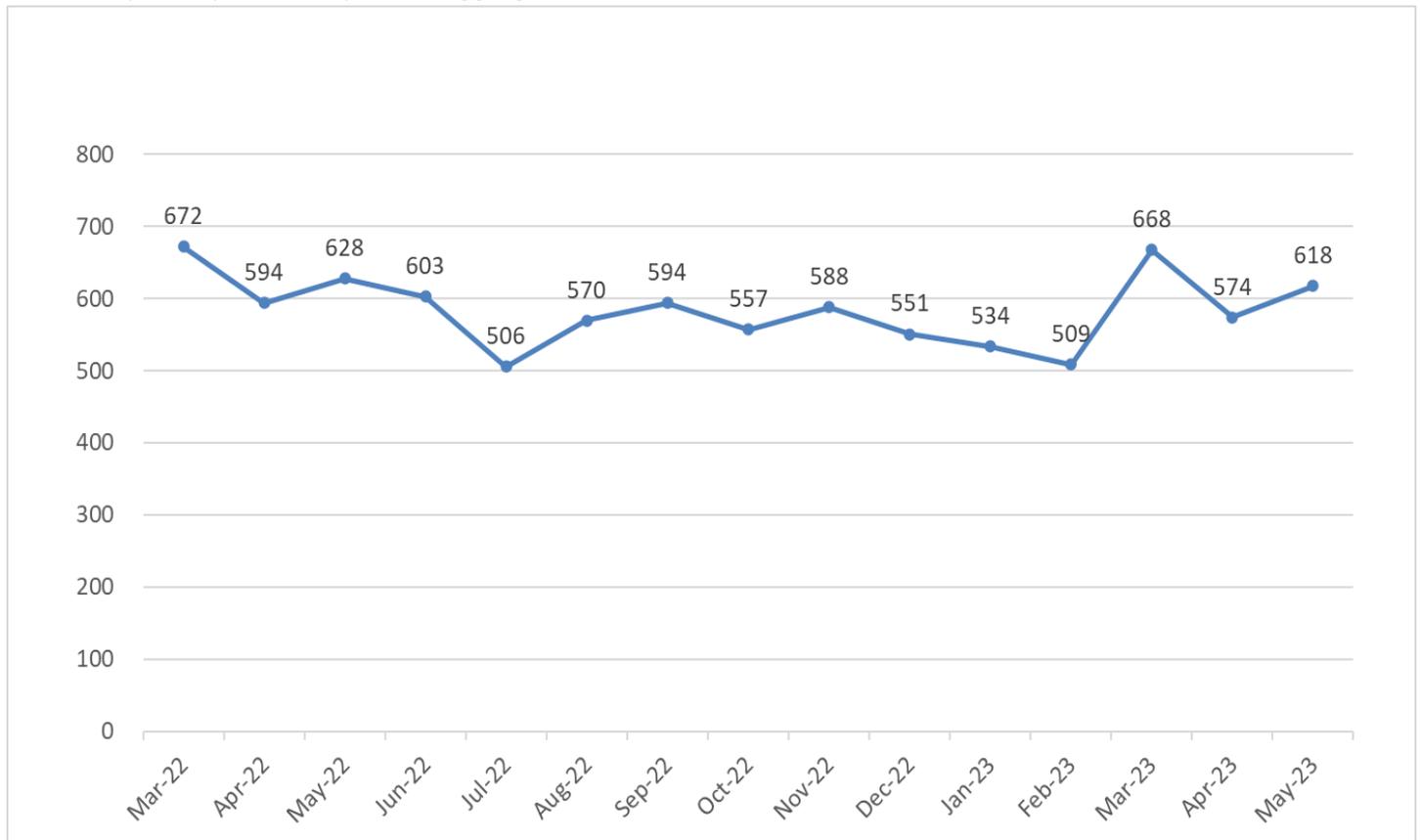
Table 3: Specialty Care Hospitals – Current Admissions Compared to Previous Intervals

	CURRENT MONTH		LAST 3 MONTHS		LAST 12 MONTHS	
	Actual This Year	% Change From Last Year	Average This Year	% Change From Last Year	Average This Year	% Change From Last Year
ADMISSIONS						
Acute						
BridgePoint Hospital -Capitol Hill	52	10.64	43	-12.16	49	-6.72
BridgePoint Hospital -National Harborside	28	-6.67	36	4.90	35	-9.74
MedStar National Rehabilitation Hospital	155	6.16	163	10.41	156	5.07
Psychiatric Institute of Washington	363	-5.71	354	-7.82	313	-12.25
Saint Elizabeths Hospital	20	0.00	25	45.10	20	40.00
ACUTE TOTAL	618	-1.59	620	-1.80	573	-6.17

Table 4: Specialty Care Hospitals – Admissions Previous 15 Months by Hospital

Specialty Hospital Admissions - previous 15 months															
	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Jan-23	Feb-23	Mar-23	Apr-23	May-23
MedStar National Rehabilitation Hospital	155	141	146	173	161	152	162	135	143	162	136	154	176	157	155
Psychiatric Institute of Washington	404	362	385	332	241	332	321	320	338	286	277	253	378	320	363
Saint Elizabeths Hospital	17	14	20	18	16	11	16	22	20	24	24	20	32	22	20
BridgePoint Hospital -Capitol Hill	54	47	47	45	54	41	54	55	45	47	59	53	39	39	52
BridgePoint Hospital -National Harborside	42	30	30	35	34	34	41	25	42	32	38	29	43	36	28
TOTAL	672	594	628	603	506	570	594	557	588	551	534	509	668	574	618
					lowest			highest							

Chart 2: Specialty Care Hospitals – Aggregate Admissions Most Recent 15 Months



Patient Days

Note: In this section, "Patient Days" excludes newborns and SNF patients

Table 5: Patient Days for Acute Care and Specialty Care Hospitals – Current Compared with Previous Intervals

	CURRENT MONTH		LAST 3 MONTHS		LAST 12 MONTHS	
	Actual This Year	% Change From Last Year	Average This Year	% Change From Last Year	Average This Year	% Change From Last Year
PATIENT DAYS						
Acute						
Children's National Hospital	6,536	-10.17	6,697	-4.28	6,877	4.02
George Washington University Hospital	8,629	-0.28	8,668	2.74	8,198	-2.55
Howard University Hospital	3,317	-11.88	3,377	-6.50	3,679	2.02
MedStar Georgetown University Hospital	9,739	2.17	9,830	2.49	9,753	1.10
MedStar Washington Hospital Center	19,682	-1.07	19,610	-0.45	19,961	1.66
Sibley Memorial Hospital	4,501	3.59	4,401	5.00	4,195	-0.30
United Medical Center	1,739	-5.59	1,706	-7.75	1,691	-10.97
ACUTE TOTAL	54143	-2.10	54289	-0.16	54353	0.62
BridgePoint Hospital -Capitol Hill	1,241	-6.55	1,261	-7.35	1,225	-4.22
BridgePoint Hospital -National Harborside	952	-18.07	1,029	-13.16	1,135	-1.67
MedStar National Rehabilitation Hospital	2,783	5.18	2,916	9.83	2,837	9.65
Psychiatric Institute of Washington	3,024	-17.67	3,042	-12.61	2,892	-11.58
Saint Elizabeths Hospital	6,880	19.80	6,823	20.36	6,410	6.99
SPECIALTY TOTAL	14880	2.25	15070	5.02	14499	1.52
GRAND TOTAL	69023	-1.20	69359	0.92	68851	0.81

Psychiatric Admissions and Patient Days

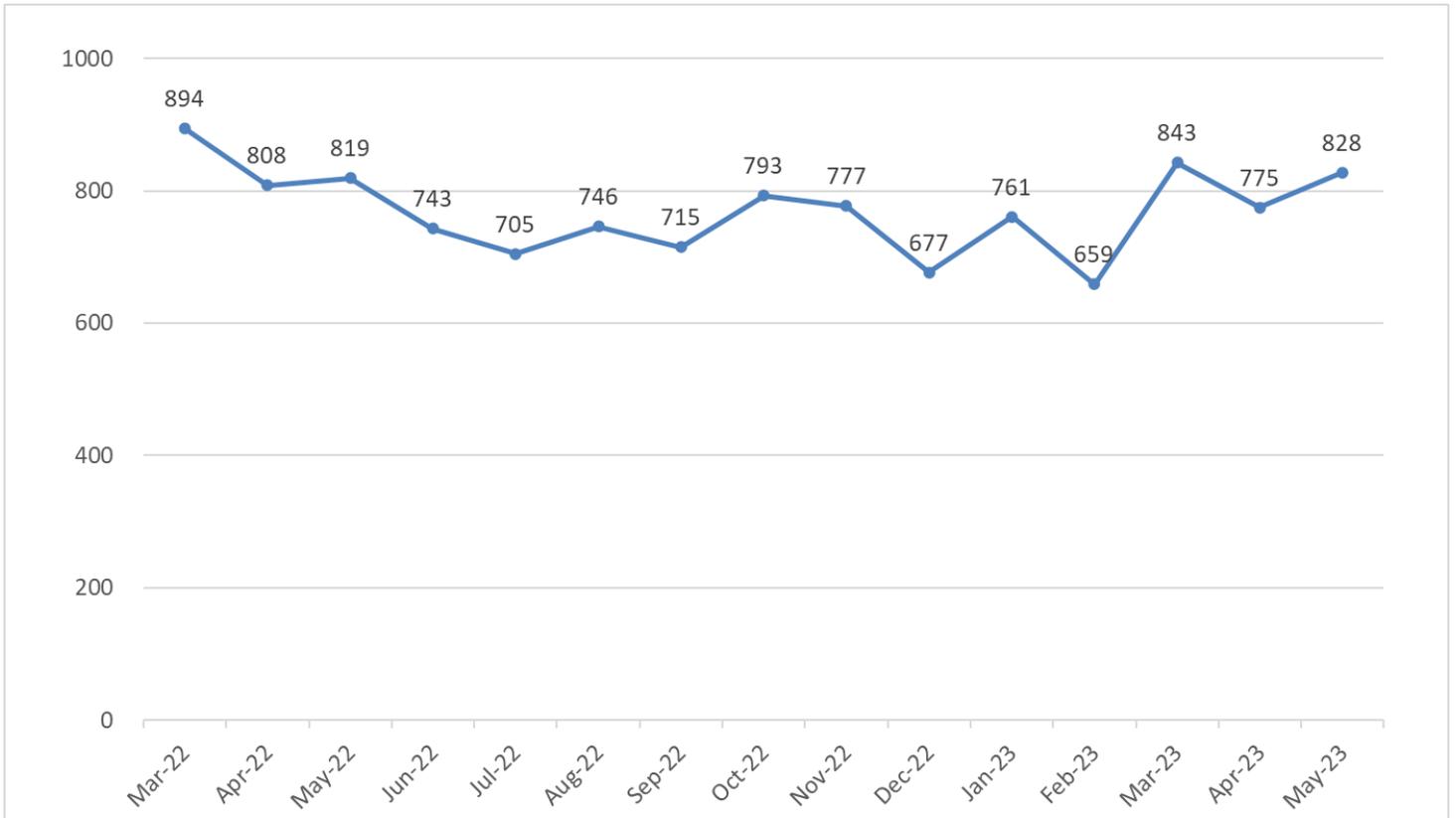
Table 6: Psychiatric Admissions and Patient Days Current Compared to Previous Intervals

	CURRENT MONTH		LAST 3 MONTHS		LAST 12 MONTHS	
	Actual This Year	% Change From Last Year	Average This Year	% Change From Last Year	Average This Year	% Change From Last Year
PSYCH ADMISSIONS						
Acute						
Children's National Hospital	66	20.00	58	-4.89	53	-3.18
George Washington University Hospital	36	-7.69	48	13.28	41	-7.21
Howard University Hospital	40	8.11	33	-20.33	34	-23.06
MedStar Georgetown University Hospital	33	3.13	37	6.80	33	-5.28
MedStar Washington Hospital Center	131	27.18	117	14.71	113	10.74
Sibley Memorial Hospital	43	4.88	46	1.46	45	8.74
United Medical Center	96	-10.28	98	-13.31	100	-3.23
ACUTE TOTAL	445	7.49	437	-0.61	418	-1.36
Specialty						
Psychiatric Institute of Washington	363	-5.71	354	-7.82	313	-12.25
Saint Elizabeths Hospital	20	0.00	25	45.10	20	40.00
SPECIALTY TOTAL	383	-5.43	378	-5.57	334	-10.20
GRAND TOTAL	828	1.10	815	-2.98	752	-5.49
PSYCH PATIENT DAYS						
Acute						
Children's National Hospital	728	8.82	679	13.29	609	1.18
George Washington University Hospital	229	33.14	270	35.91	201	-22.73
Howard University Hospital	228	54.05	164	-9.72	162	-22.62
MedStar Georgetown University Hospital	155	-17.99	151	-12.40	151	-10.77
MedStar Washington Hospital Center	776	0.52	809	0.50	770	0.96
Sibley Memorial Hospital	312	-19.38	353	-13.04	385	-1.78
United Medical Center	475	-4.81	495	-5.42	475	-1.42
ACUTE TOTAL	2903	2.36	2921	1.20	2753	-4.32
Specialty						
Psychiatric Institute of Washington, D.C.	3,024	-17.67	3,042	-12.61	2,892	-11.58
Saint Elizabeths Hospital	6,880	19.80	6,823	20.36	6,410	6.99
SPECIALTY TOTAL	9904	5.18	9864	7.81	9301	0.43
GRAND TOTAL	12807	4.53	12785	6.23	12055	-0.69

Table 7: Psychiatric Admissions Previous 15 Months by Hospital

	Psychiatric Admissions - previous 15 months														
	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Jan-23	Feb-23	Mar-23	Apr-23	May-23
Children's National Hospital	76	53	55	51	42	45	49	70	53	50	64	40	55	54	66
George Washington University Hospital	45	44	39	26	29	32	39	39	40	38	45	56	53	56	36
Howard University Hospital	41	45	37	28	45	38	35	36	28	30	44	25	24	34	40
MedStar Georgetown University Hospital	31	40	32	30	35	29	33	37	32	30	36	23	45	32	33
MedStar Washington Hospital Center	119	84	103	116	127	107	90	123	119	100	120	98	104	116	131
Sibley Memorial Hospital	48	48	41	39	42	48	35	50	46	40	48	48	53	43	43
United Medical Center	113	118	107	103	128	104	97	96	101	79	103	96	99	98	96
Psychiatric Institute of Washington	404	362	385	332	241	332	321	320	338	286	277	253	378	320	363
Saint Elizabeths Hospital	17	14	20	18	16	11	16	22	20	24	24	20	32	22	20
TOTAL	894	808	819	743	705	746	715	793	777	677	761	659	843	775	828
					lowest			highest							

Chart 3: Acute Care Hospitals and Psychiatric Institutions– Psychiatric Admissions Aggregate Most Recent 15 Months



Rehabilitation Admissions and Patient Days

Table 8: Rehabilitation Admissions and Patient Days Current Compared with Previous Intervals

	CURRENT MONTH		LAST 3 MONTHS		LAST 12 MONTHS	
	Actual This Year	% Change From Last Year	Average This Year	% Change From Last Year	Average This Year	% Change From Last Year
REHAB ADMISSIONS						
Acute						
George Washington University Hospital	30	7.14	32	6.74	31	6.92
Subacute Rehab						
MedStar National Rehabilitation Hospital	155	6.16	163	10.41	156	5.07
GRAND TOTAL	185	6.32	194	9.79	186	5.37
REHAB PATIENT DAYS						
Acute						
George Washington University Hospital	405	2.27	413	2.99	369	-5.66
Subacute Rehab						
MedStar National Rehabilitation Hospital	2,783	5.18	2,916	9.83	2,837	9.65
GRAND TOTAL	3188	4.80	3329	8.93	3207	7.64

Skilled Nursing Facility Admissions and Patient Days

Table 9: SNF Admissions and Patient Days Current Compared with Previous Intervals*

	CURRENT MONTH		LAST 3 MONTHS		LAST 12 MONTHS	
	Actual This Year	% Change From Last Year	Average This Year	% Change From Last Year	Average This Year	% Change From Last Year
SNF ADMISSIONS						
Acute						
Sibley Memorial Hospital	20	-16.67	18	-42.11	22	-16.18
ACUTE TOTAL	20	-16.67	18	-42.11	22	-16.18
Specialty						
BridgePoint Hospital -Capitol Hill	23	53.33	20	5.17	17	-5.94
BridgePoint Hospital -National Harborside	15	-25.00	16	-15.79	17	-0.96
SPECIALTY TOTAL	38	8.57	36	-5.22	34	-3.50
GRAND TOTAL	58	-1.69	55	-21.90	56	-8.82
SNF PATIENT DAYS						
Acute						
Sibley Memorial Hospital	432	-28.48	432	-33.11	463	-16.83
ACUTE TOTAL	432	-28.48	432	-33.11	463	-16.83
Specialty						
BridgePoint Hospital -Capitol Hill	3,431	-3.52	3,422	-1.11	3,442	0.17
BridgePoint Hospital -National Harborside	3,701	2.46	3,672	3.23	3,572	3.07
SPECIALTY TOTAL	7132	-0.50	7094	1.09	7015	1.63
GRAND TOTAL	7564	-2.68	7527	-1.79	7478	0.25

*UMC closed their SNF unit in April 2020 during peak of COVID-19, They were therefore removed from this analysis.

Newborn and Neonatal ICU Data: Admissions and Patient Days

Table 10: Newborn Admissions and Patient Days– Current Compared to Previous Intervals

	CURRENT MONTH		LAST 3 MONTHS		LAST 12 MONTHS	
	Actual This Year	% Change From Last Year	Average This Year	% Change From Last Year	Average This Year	% Change From Last Year
NEWBORN ADMISSIONS						
George Washington University Hospital	148	-24.10	143	-24.43	157	-23.94
Howard University Hospital	89	43.55	93	39.50	84	23.50
MedStar Georgetown University Hospital	60	22.45	63	-2.08	67	-4.52
MedStar Washington Hospital Center	297	5.69	288	1.29	305	-0.38
Sibley Memorial Hospital	345	14.24	320	2.45	319	0.90
ACUTE TOTAL	939	5.62	907	-1.09	932	-3.60
NEWBORN PATIENT DAYS						
George Washington University Hospital	276	-18.82	265	-23.21	277	-29.22
Howard University Hospital	307	-30.70	330	-20.66	345	4.25
MedStar Georgetown University Hospital	149	28.45	154	5.49	155	-3.47
MedStar Washington Hospital Center	1,438	-5.89	1,351	-10.33	1,355	-5.41
Sibley Memorial Hospital	983	16.47	791	-7.24	801	-7.32
ACUTE TOTAL	3153	-3.61	2890	-11.49	2934	-7.76

Table 11: Newborn Admissions by Hospital Previous 15 Months

	Newborn Admissions - previous 15 months														
	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Jan-23	Feb-23	Mar-23	Apr-23	May-23
George Washington University Hospital	192	182	195	190	193	246	153	143	155	113	135	120	152	130	148
Howard University Hospital	65	73	62	72	74	84	75	71	78	94	102	80	97	93	89
MedStar Georgetown University Hospital	70	73	49	60	70	82	62	77	78	65	58	62	59	69	60
MedStar Washington Hospital Center	303	269	281	325	327	323	284	328	306	312	309	284	289	278	297
Sibley Memorial Hospital	323	313	302	304	349	339	308	317	291	343	316	299	315	301	345
TOTAL	953	910	889	951	1013	1074	882	936	908	927	920	845	912	871	939
					lowest			highest							

Chart 4: Newborn Admissions – Most Recent 15 Months

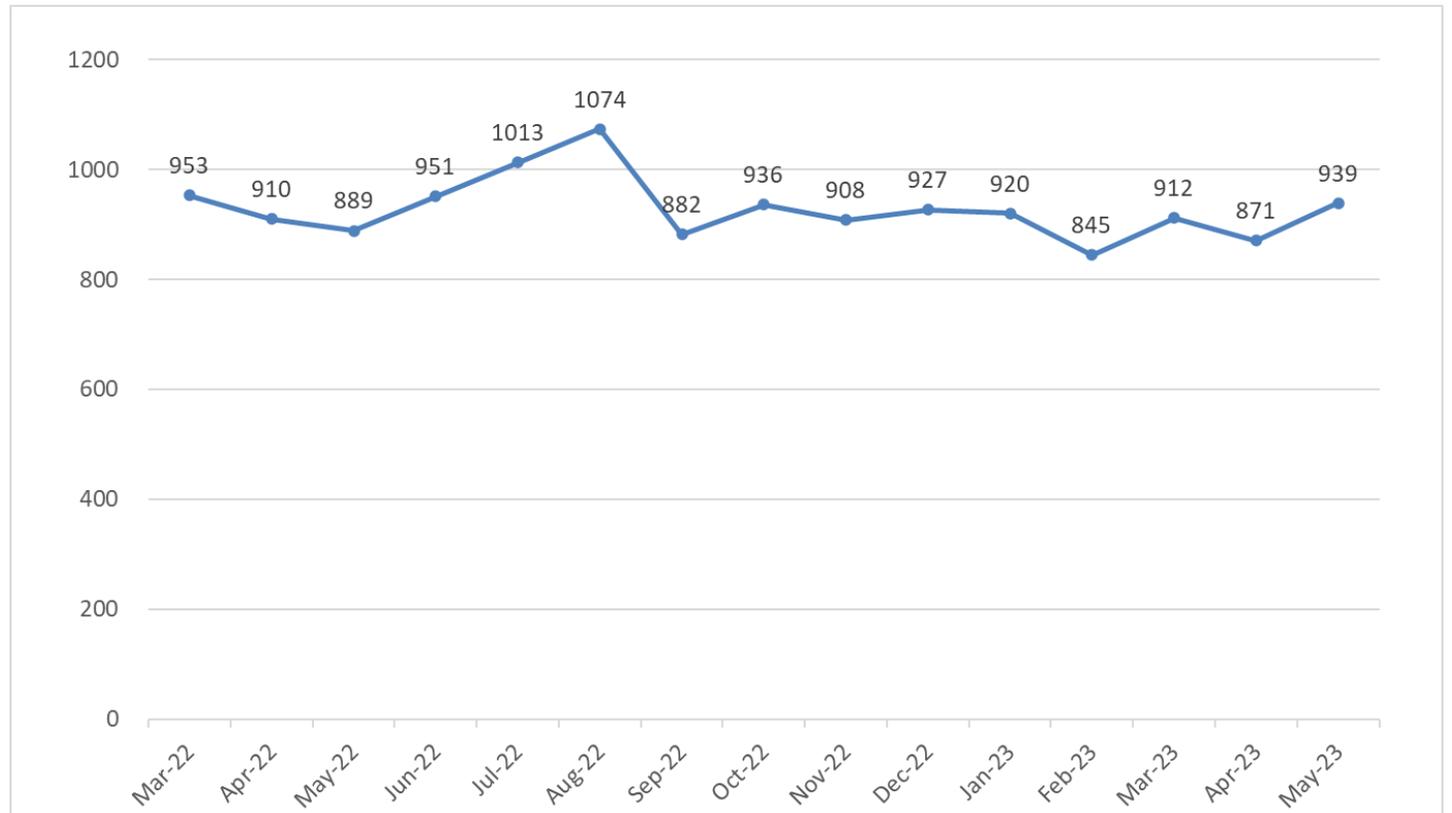


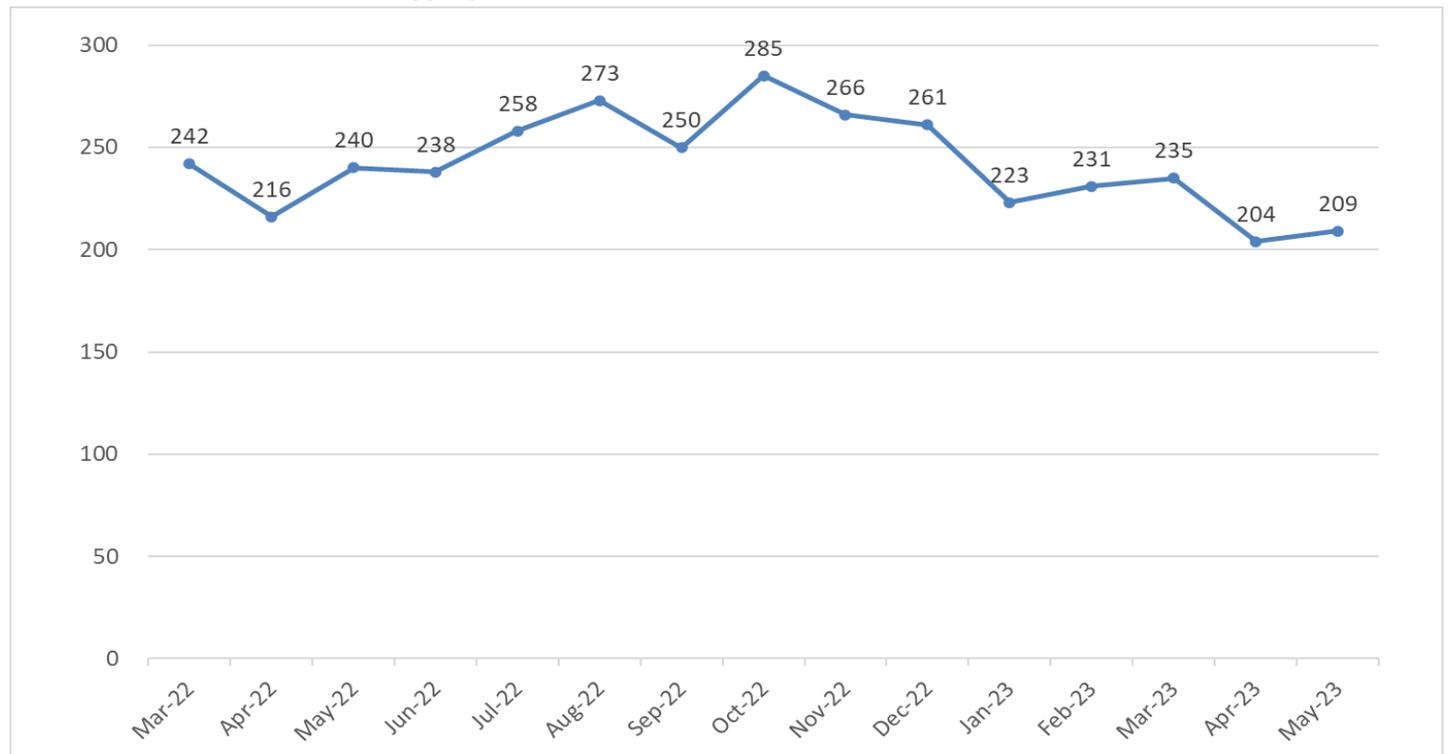
Table 12: Neonatal ICU Admissions and Patient Days– Current Compared to Previous Intervals

	CURRENT MONTH		LAST 3 MONTHS		LAST 12 MONTHS	
	Actual This Year	% Change From Last Year	Average This Year	% Change From Last Year	Average This Year	% Change From Last Year
NEONATAL ADMISSIONS						
Children's National Hospital	75	8.70	70	3.94	80	-8.12
George Washington University Hospital	22	-29.03	19	-37.63	22	-27.79
Howard University Hospital	2	-71.43	2	-58.82	5	10.17
MedStar Georgetown University Hospital	27	-6.90	29	-2.27	27	0.00
MedStar Washington Hospital Center	83	-20.19	95	-3.70	110	6.31
ACUTE TOTAL	209	-12.92	216	-7.16	244	-3.39
NEONATAL PATIENT DAYS						
Children's National Hospital	2,052	-2.52	2,010	-3.35	1,986	-1.39
George Washington University Hospital	434	28.40	375	9.44	341	-17.64
Howard University Hospital	82	134.29	74	44.44	83	57.10
MedStar Georgetown University Hospital	455	-6.38	383	-29.29	416	9.40
MedStar Washington Hospital Center	962	-11.74	895	-15.57	872	-8.75
ACUTE TOTAL	3985	-1.70	3736	-8.30	3698	-3.11

Table 13: Neonatal Admissions by Hospital Previous 15 Months

Neonatal Admissions - previous 15 months															
	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Jan-23	Feb-23	Mar-23	Apr-23	May-23
Children's National Hospital	62	72	69	64	88	88	72	97	104	87	78	73	79	57	75
George Washington University Hospital	32	30	31	22	30	31	23	21	18	17	20	25	14	22	22
Howard University Hospital	5	5	7	5	5	2	10	6	10	5	2	13	2	3	2
MedStar Georgetown University Hospital	31	28	29	28	24	29	30	26	29	28	21	25	29	30	27
MedStar Washington Hospital Center	112	81	104	119	111	123	115	135	105	124	102	95	111	92	83
TOTAL	242	216	240	238	258	273	250	285	266	261	223	231	235	204	209
					lowest			highest							

Chart 5: Neonatal Admissions Aggregate Most Recent 15 Months



Emergency Department Visits

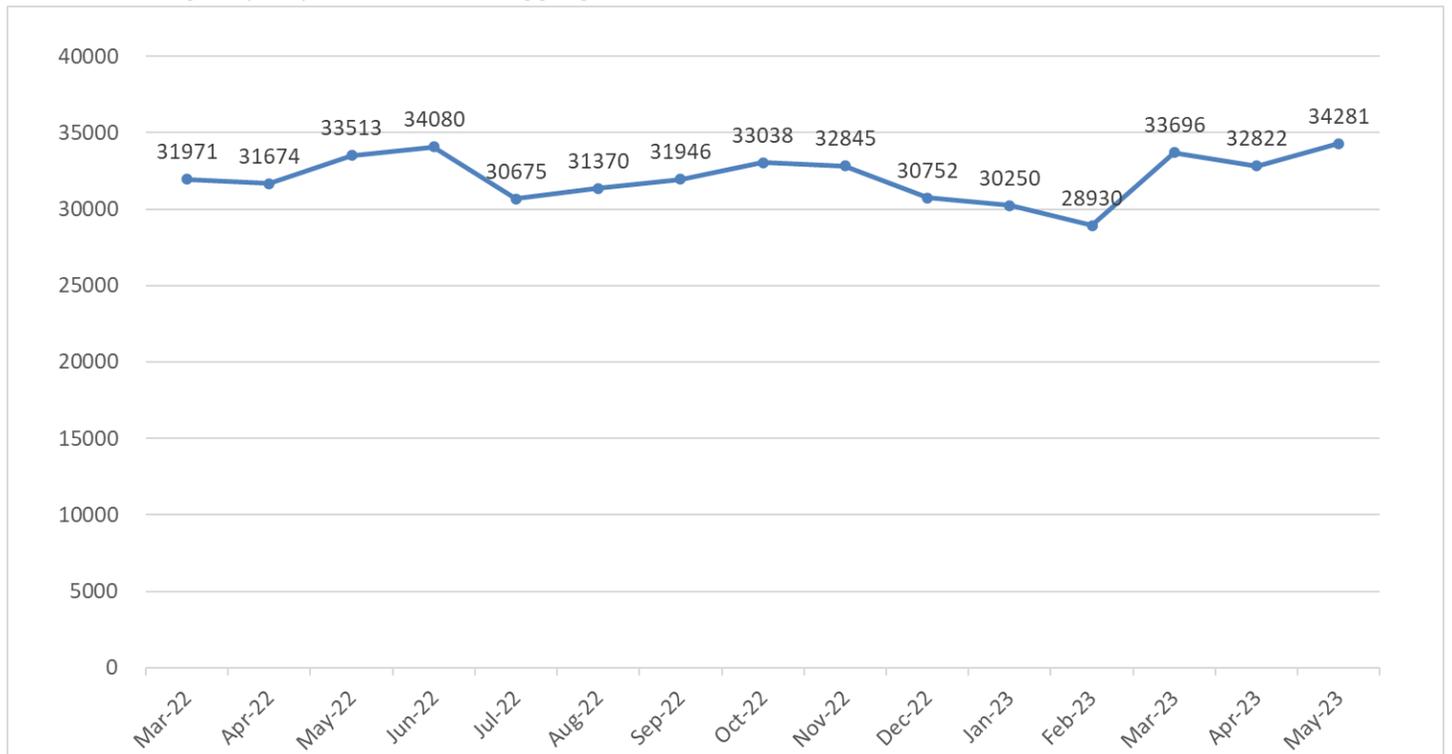
Table 14: Emergency Department Visits– Current Compared to Previous Intervals

	CURRENT MONTH		LAST 3 MONTHS		LAST 12 MONTHS	
	Actual This Year	% Change From Last Year	Average This Year	% Change From Last Year	Average This Year	% Change From Last Year
EMERGENCY DEPARTMENT VISITS						
Children's National Hospital	6,416	5.68	6,598	9.82	6,503	1.86
Children's National Hospital at UMC	2,353	-6.81	2,416	3.66	2,465	6.44
George Washington University Hospital	5,047	20.45	4,812	11.44	3,966	0.52
Howard University Hospital	4,218	-4.53	4,212	2.41	4,164	2.75
MedStar Georgetown University Hospital	2,838	-0.53	2,711	-3.02	2,533	-3.99
MedStar Washington Hospital Center	6,941	-3.45	6,670	-3.89	6,394	-4.78
Sibley Memorial Hospital	3,373	8.63	3,212	11.54	3,034	5.80
United Medical Center	3,095	-2.12	2,968	-1.09	2,999	-1.06
ACUTE TOTAL	34281	2.29	33600	3.75	32057	0.34

Table 15: Emergency Department Visits by Hospital Previous 15 Months

Emergency Department Admissions - previous 15 months															
	Mar-22	Apr-22	May-22	Jun-22	Jul-22	Aug-22	Sep-22	Oct-22	Nov-22	Dec-22	Jan-23	Feb-23	Mar-23	Apr-23	May-23
Children's National Hospital @ UMC	2251	2217	2525	2589	2073	2293	3048	3160	3105	2327	1876	1865	2547	2349	2353
Children's National Hospital	6135	5818	6071	7514	5470	6092	6626	6785	6706	7230	5830	5987	6810	6568	6416
George Washington University Hospital	4401	4364	4190	4110	3593	3288	3438	3766	3693	3688	3752	3825	4758	4632	5047
Howard University Hospital	3958	3962	4418	4207	4188	4331	4216	4367	4294	3818	4092	3815	4265	4152	4218
MedStar Georgetown University Hospital	2784	2750	2853	2650	2558	2454	2370	2420	2539	2288	2639	2339	2654	2642	2838
MedStar Washington Hospital Center	6721	6909	7189	6780	6609	6714	6071	6328	6418	5748	6221	5828	6626	6442	6941
Sibley Memorial Hospital	2805	2730	3105	3027	2944	3018	3093	3113	3143	2798	2908	2727	3135	3129	3373
United Medical Center	2916	2924	3162	3203	3240	3180	3084	3099	2947	2855	2932	2544	2901	2908	3095
TOTAL	31971	31674	33513	34080	30675	31370	31946	33038	32845	30752	30250	28930	33696	32822	34281
					lowest			highest							

Chart 6: Emergency Department Visits Aggregate – Most Recent 15 Months



Ambulatory Surgeries

Table 16: Ambulatory Surgeries by Hospital Current Compared with Previous Intervals

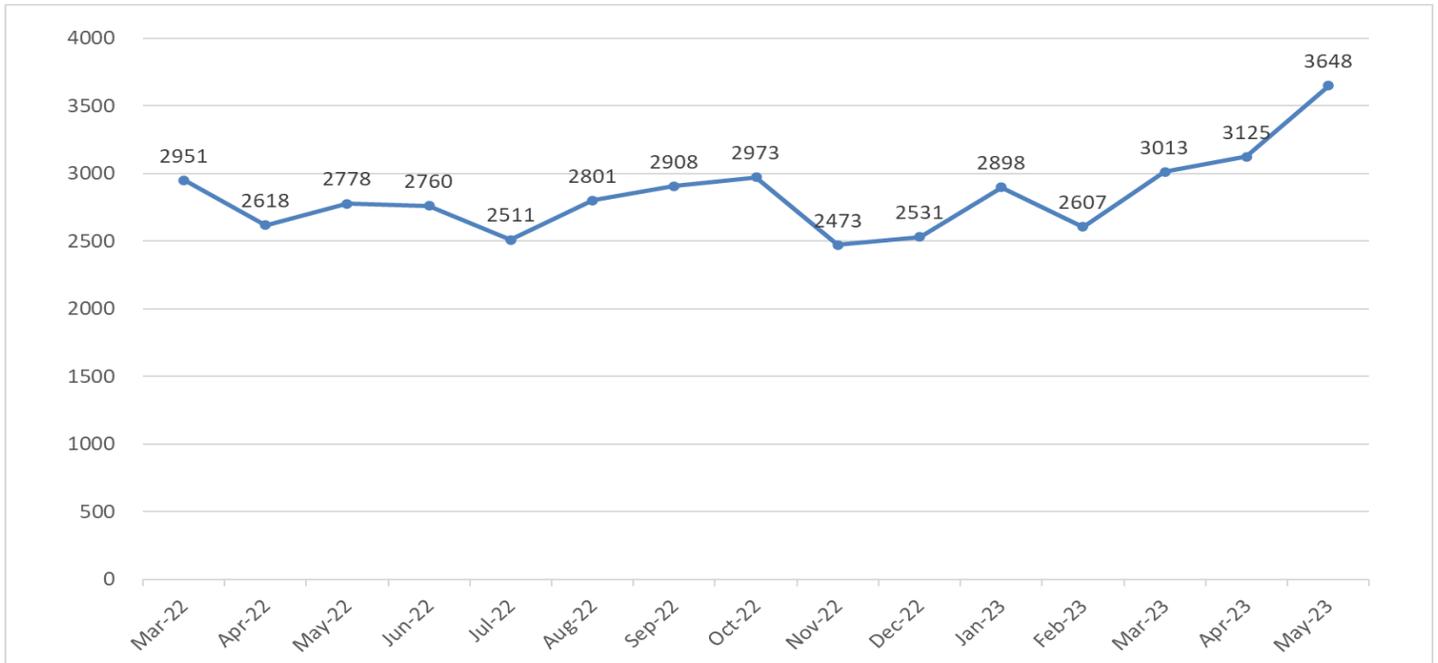
	CURRENT MONTH		LAST 3 MONTHS		LAST 12 MONTHS	
	Actual This Year	% Change From Last Year	Average This Year	% Change From Last Year	Average This Year	% Change From Last Year
AMBULATORY SURGERIES						
Children's National Hospital	1,466	21.66	1,386	12.41	1,237	12.41
George Washington University Hospital	1,053	-17.80	1,106	-19.88	1,035	-22.24
Howard University Hospital	626	23.23	595	15.31	540	3.47
MedStar Georgetown University Hospital	789	24.06	769	9.64	704	7.40
MedStar Washington Hospital Center	982	5.71	950	3.67	848	1.05
Sibley Memorial Hospital	772	15.05	772	10.76	699	10.93
United Medical Center	124	65.33	127	41.48	98	7.12
ACUTE TOTAL	5812	9.56	5706	3.10	5159	-0.17

Observation Patients

Table 17: Observation Admissions by Hospital Current Compared with Previous Intervals

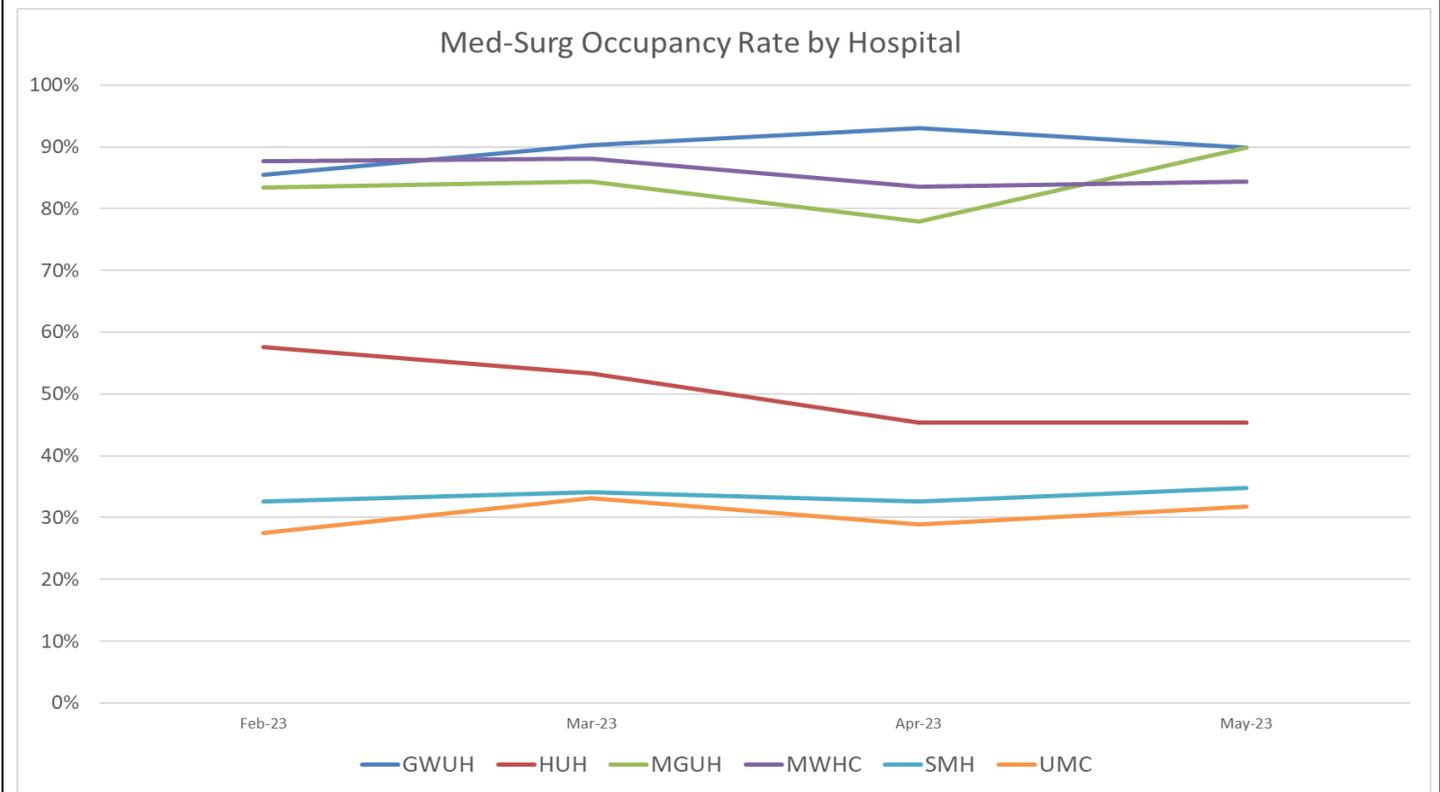
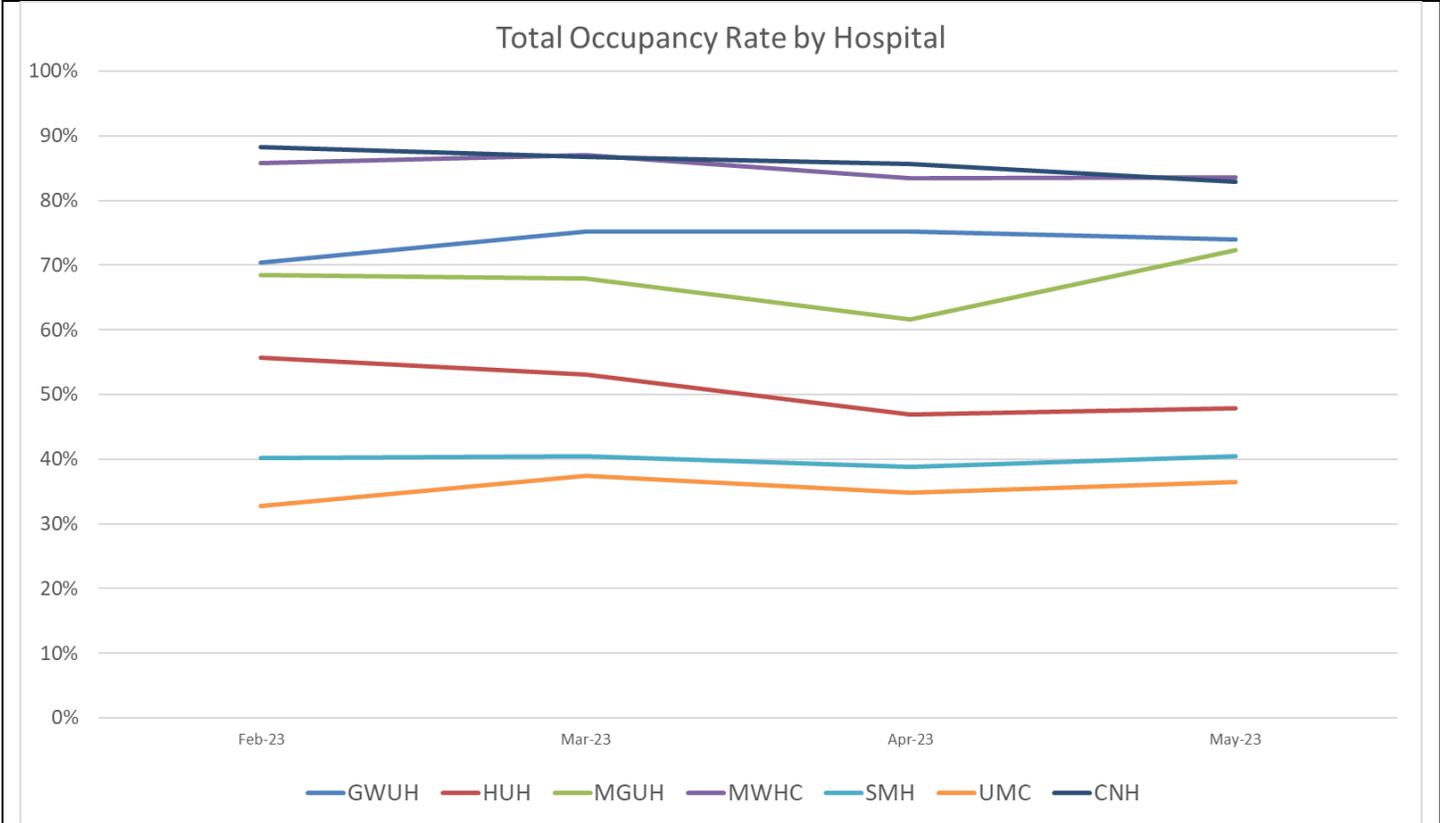
	CURRENT MONTH		LAST 3 MONTHS		LAST 12 MONTHS	
	Actual This Year	% Change From Last Year	Average This Year	% Change From Last Year	Average This Year	% Change From Last Year
OBSERVATIONS PATIENTS						
Acute						
Children's National Hospital	1,689	55.52	1,450	30.04	1,222	10.69
George Washington University Hospital	124	12.73	126	19.94	109	-16.71
Howard University Hospital	192	-21.95	192	-12.04	193	2.39
MedStar Georgetown University Hospital	350	27.74	296	8.04	256	13.88
MedStar Washington Hospital Center	741	23.09	643	6.81	557	-6.02
Sibley Memorial Hospital	373	22.70	388	31.23	353	28.90
United Medical Center*	179	14.74	167	-3.10	165	4.16
ACUTE TOTAL	3648	31.32	3262	17.24	2854	6.81

Chart 7: Observation Patient Admissions Aggregate – Most Recent 15 Months



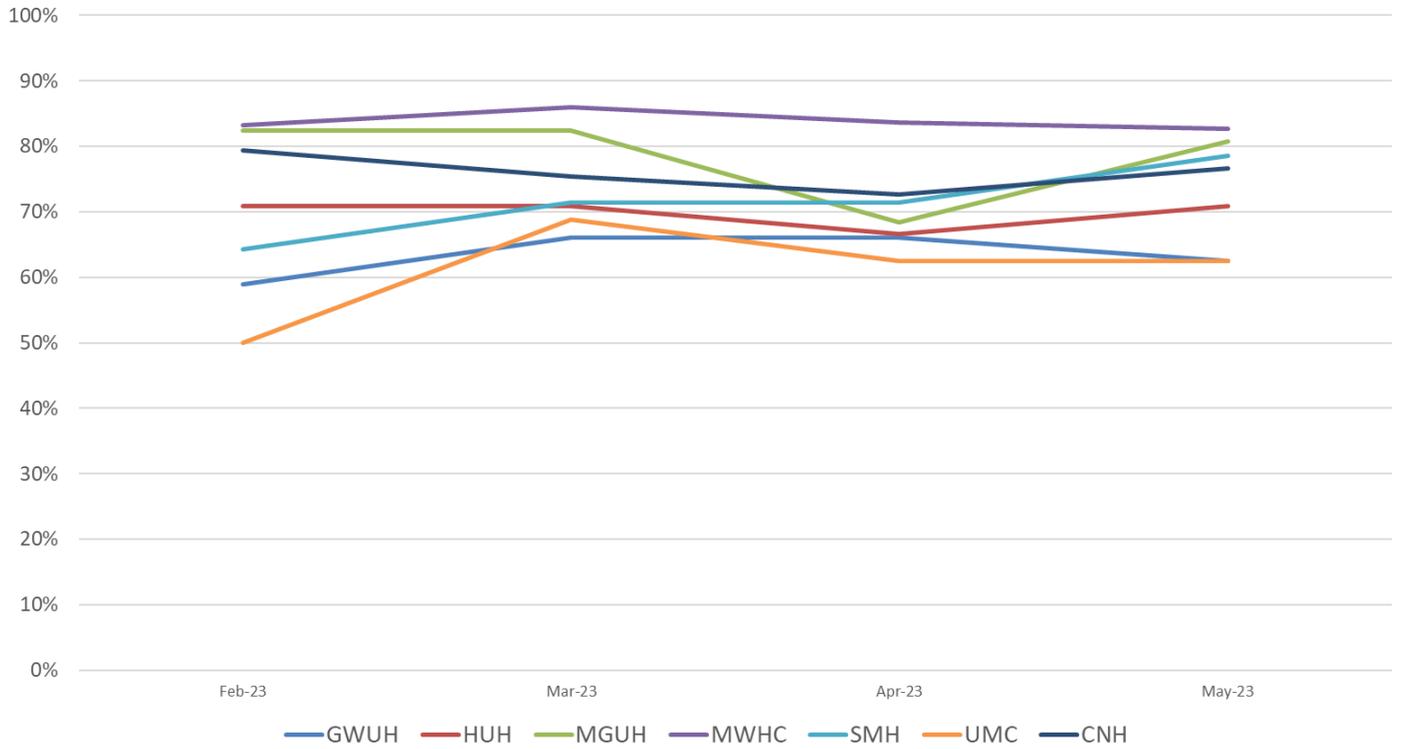
Average Daily Census By Hospital By Service

Occupancy Rates By Unit Type Acute Care Hospitals – 2023

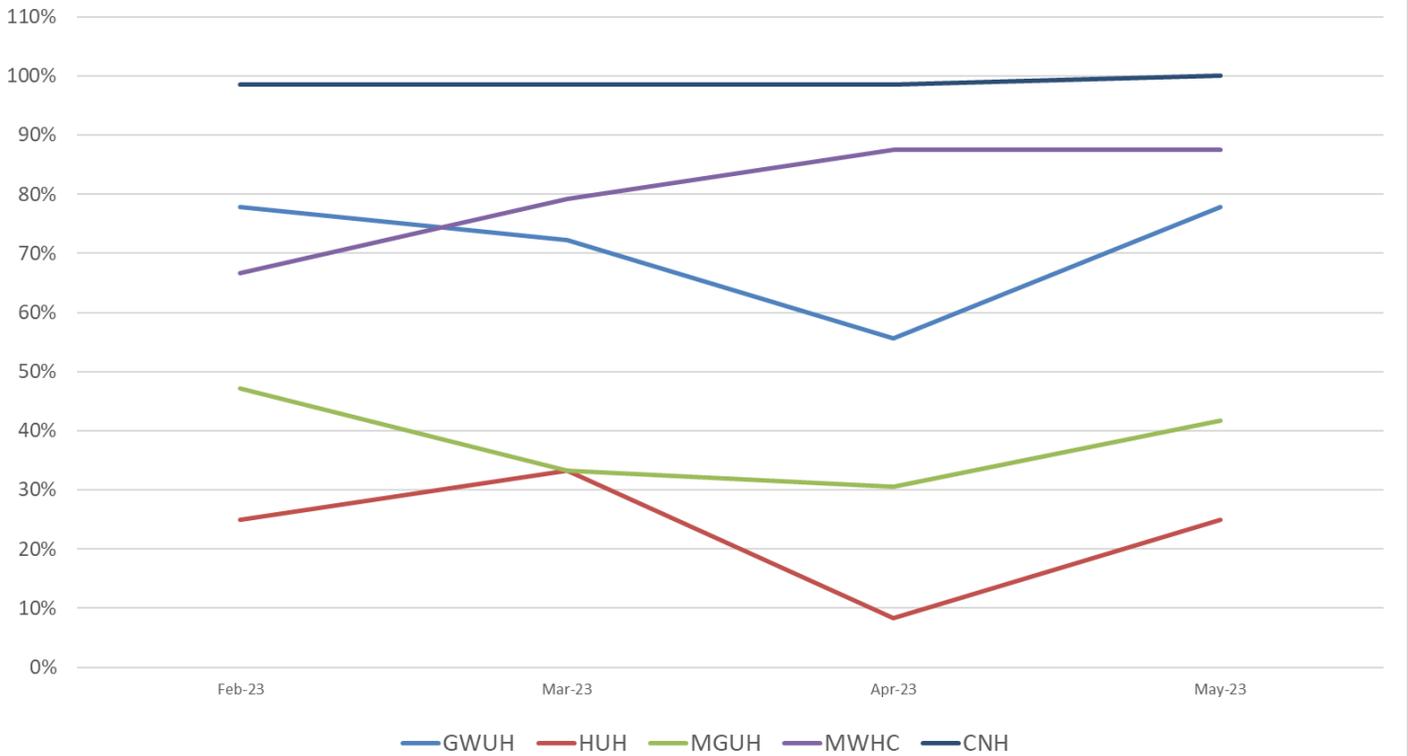


Occupancy Rates By Unit Type Acute Care Hospitals – 2023

ICU Occupancy Rate by Hospital

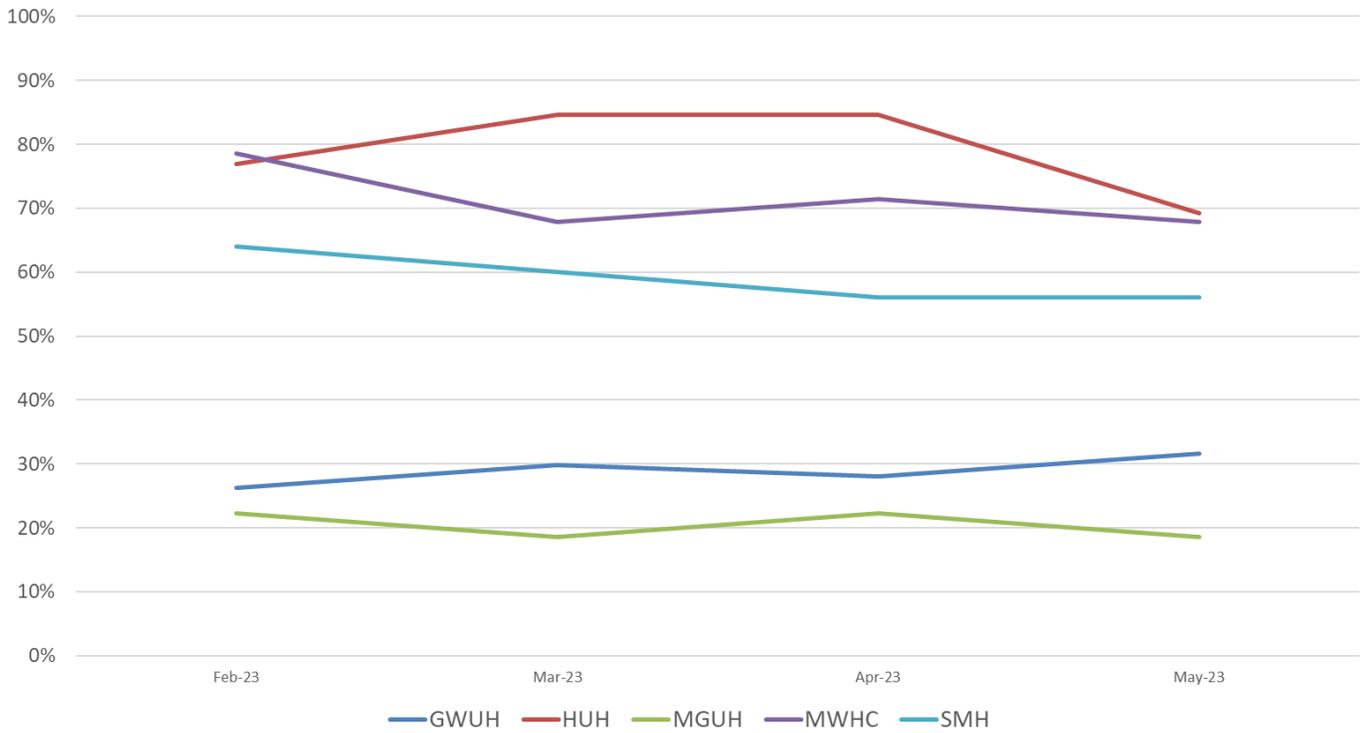


Neonatal Intensive Care Unit Occupancy Rate by Hospital

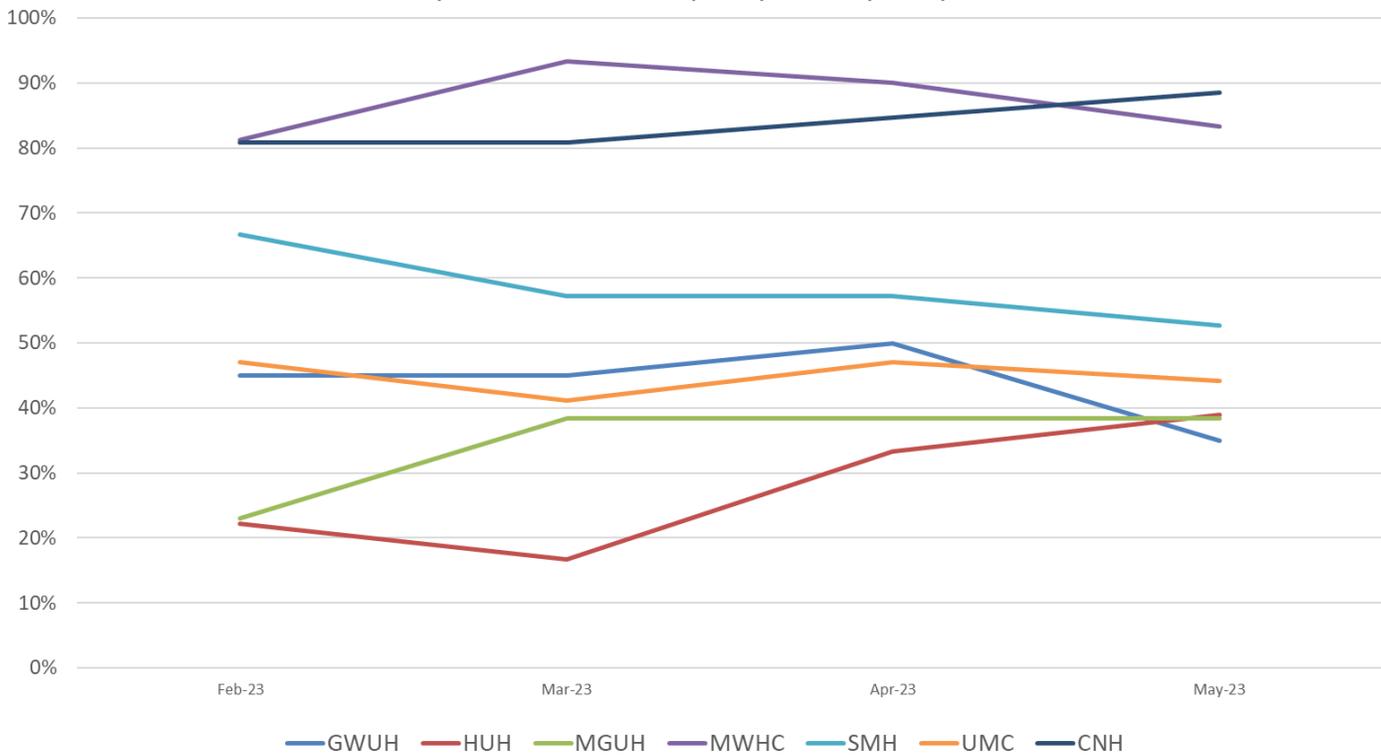


Occupancy Rates By Unit Type Acute Care Hospitals – 2023

OB-GYN Occupancy Rate by Hospital

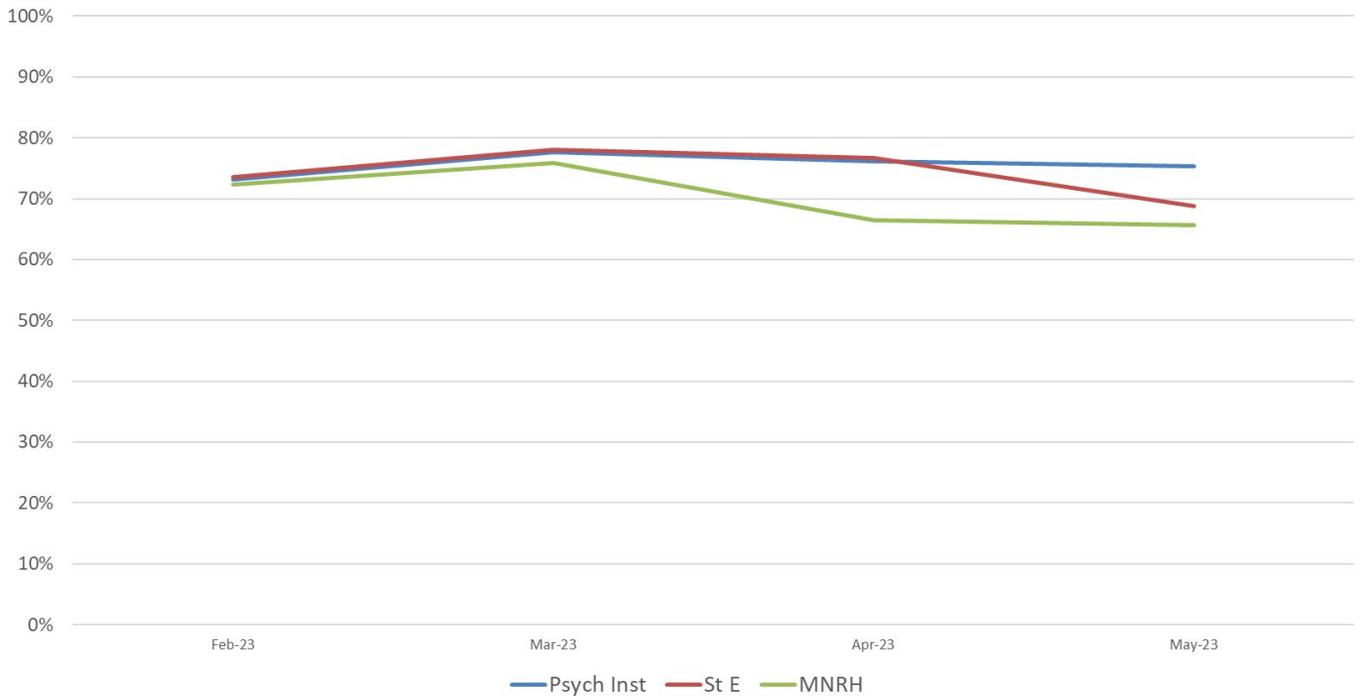


Psychiatric Unit Occupancy Rate by Hospital

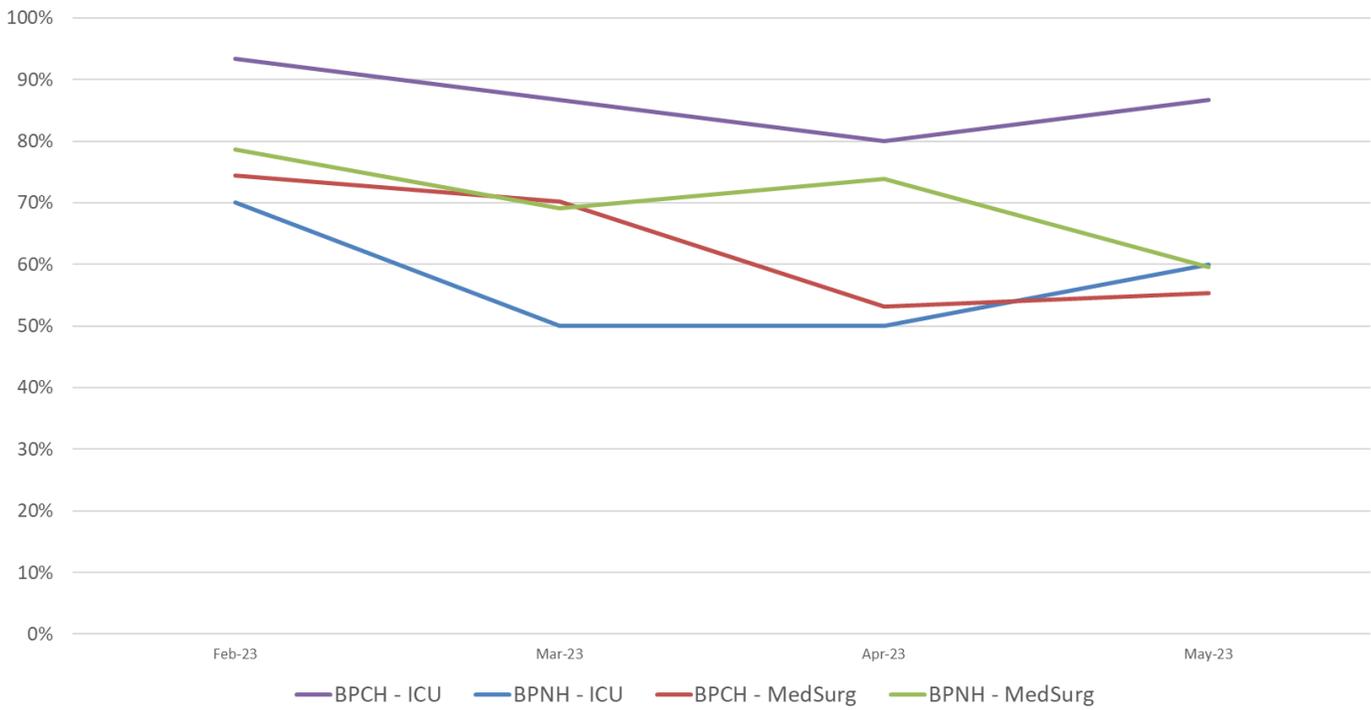


Occupancy Rates Specialty Hospitals - 2023

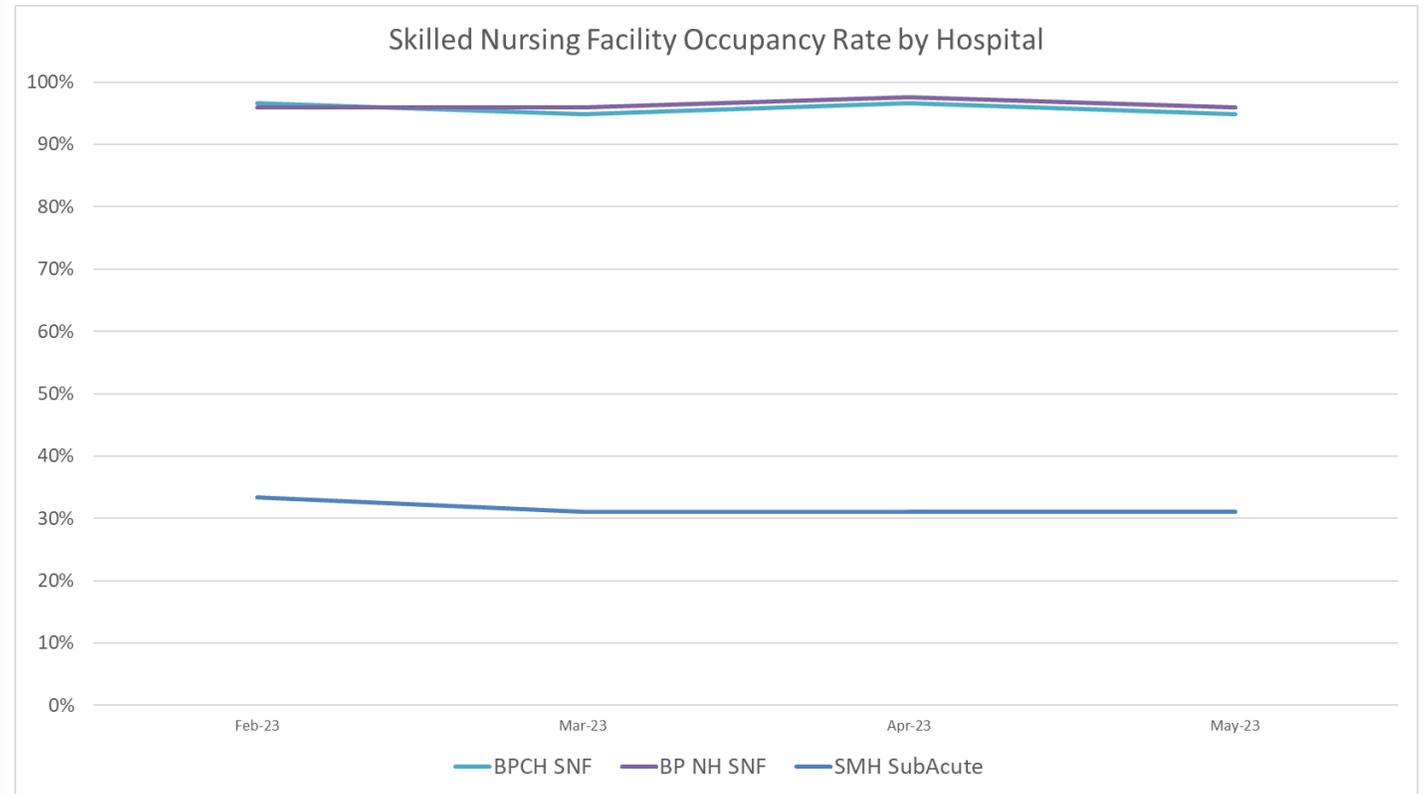
Specialty Facility Occupancy Rate by Hospital



Long Term Acute Care Facility Occupancy Rate by Hospital



Occupancy Rates Specialty Hospitals - 2023



*UMC closed their SNF unit in April 2020 during peak of COVID-19, They were therefore removed from this analysis.