



# HEALTHY HOSPITAL INITIATIVE



a program of the  
**DISTRICT OF COLUMBIA HOSPITAL ASSOCIATION  
PROGRAM SERVICES COMPANY, INC.**

# Farmers Market

## Resource Guide 2022







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## BUY LOCAL, BUY FRESH

Support the local economy by going to farmers markets. The majority of the foods sold at farmers markets are obtained from local farms and farmers.

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Nourish your community with affordable, locally grown, nutrient-rich foods this summer. Buying from farmers markets guarantees that you are purchasing fruits and vegetables at the peak of their growing season, which means that produce is at its freshest.

**HEALTHY  
HOSPITAL  
INITIATIVE**

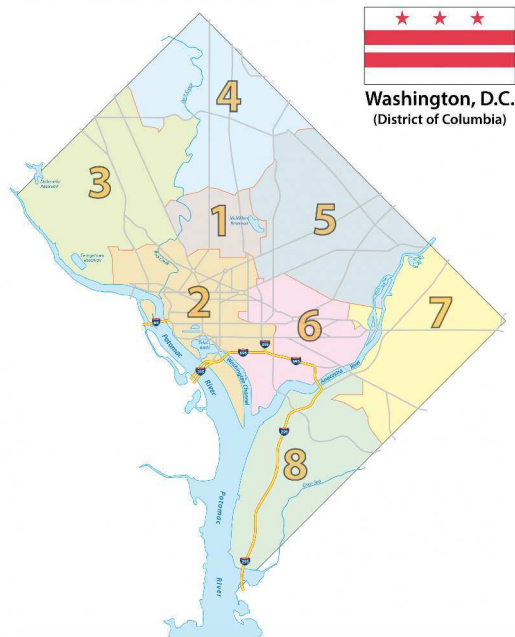


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# FARMERS MARKETS by WARD, NEAREST HOSPITAL

Farmers Market	Ward	Nearest Hospital(s)
Common Good City Farm Market	1	HUH, CNH, MWHC, MNRH, VAMC
FRESHFARM Columbia Heights	1	CNH, MWHC, MNRH, VAMC
Rose Park Farmers Market	2	GWUH, MGUH
FRESHFARM Dupont Circle	2	GWUH, MGUH
FRESHFARM Penn Quarter	2	HUH
14th & U Street Farmers Market	2	HUH, MWHC, MNRH, CNH, VAMC
Capital Area Food Bank Community Marketplace	2	GWUH
Cleveland Park Farmers Market	3	PIW
Maret School Farmers Market	3	None
Palisades Farmers Market	3	MGUH, SMH, PIW
UDC Van Ness Farmers Market	3	None
Chevy Chase Farmers Market	4	PIW
FRESHFARM Uptown	4	None
Petworth Community Market	4	MWHC, MNRH, CNH, VAMC
FRESHFARM Walter Reed	4	None

Farmers Market	Ward	Nearest Hospital(s)
Arcadia Mobile Market Edgewood	5	CNH, MWHC, MNRH, VAMC, HUH
FRESHFARM Monroe Street	5	MWHC, MNRH, CNH, VAMC
Eastern Market Farmers Market	6	BP Capitol Hill
Farmers Market SW	6	None
FRESHFARM Mount Vernon	6	None
FRESHFARM Minnesota Avenue	7	None
RFK Stadium Farmers Market	7	BP Capitol Hill
Arcadia Mobile Market Deanwood	7	None
Arcadia Mobile Market Mayfair	7	None
FRESHFARM Kenilworth	7	None
Arcadia Mobile Market Bellevue Library	8	BP Harborside, UMC, St. E
Arcadia Mobile Market Oxon Run	8	UMC, St. E
Ward 8 Farmers Market	8	St. E, UMC, BP National Harborside



## Hospital Key

BP: BridgePoint Hospital  
 CNH: Children's National Hospital  
 GWUH: The George Washington University Hospital  
 HUH: Howard University Hospital  
 MGUH: MedStar Georgetown University Hospital  
 MNRH: MedStar National Rehabilitation Hospital  
 MWHC: MedStar Washington Hospital Center  
 PIW: Psychiatric Institution of Washington  
 St. E: St. Elizabeths Hospital  
 SMH: Sibley Memorial Hospital  
 UMC: United Medical Center  
 VAMC: Veterans Affairs Medical Center





# FARMERS MARKETS

## Eastern Market Farmers Market

225 7th St SE

Tuesdays, Noon - 4 pm

## Arcadia Mobile Market Bellevue Library

115 Atlantic St SW

Wednesdays, 3 - 6 pm



# FARMERS MARKETS

## Common Good City Farm Market

300 V St NW

Wednesdays, 3:30 - 6:30 pm

## Fresh Farm Columbia Heights

14th St & Park Rd NW

Wednesday, 4 pm - 7 pm

## Rosa Park Farmers Market

26th & P St NW

Wednesdays, 3 - 7 pm





# FARMERS MARKETS

## FRESHFARM Minnesota Ave

322 40th St NW  
Thursdays, 1 - 4 pm

## FRESHFARM Penn Quarter

801 F St NW  
Thursdays, 3 - 7 pm

## FRESHFARM Dupont Circle

20th Street NW, Between Mass & Connecticut Streets  
Thursdays, 3 - 7 pm

## RFK Stadium Farmers Market

Benning Rd & Oklahoma Ave  
Thursdays, 7 am - 4 pm



# FARMERS MARKETS

## Arcadia Mobile Market Edgewood

Edgewood St & Evarts St NE

Fridays, 3 - 6 pm

## Arcadia Mobile Market Oxon Run

Wheeler Rd SE & Valley Ave SE

Fridays, 3 - 6 pm

## 14th & U St Farmers Market

1400 U St NW

Saturdays, 9 am - 1 pm

## Arcadia Mobile Market Deanwood

48th St SE & Minnesota Ave NE

Saturdays, 10 am - 1 pm





# FARMERS MARKETS

## Arcadia Mobile Market Mayfair

Kenilworth Terrace & Burnham Place NE

Saturdays, 10 am - 2 pm

## Capital Area Food Bank Community Marketplace

L St NW

First Saturday of Month, 8 - 10 am

## Chevy Chase Farmers Market

5701 Broad Branch Rd NW

Saturdays, 9 am - 1 pm

## Cleveland Park Farmers Market

3400 Connecticut Ave NW

Saturdays, 9 am - 1 pm





# FARMERS MARKETS

## Eastern Market Farmers Market

225 7th St SE & 200 Block of 7th St SE

Saturdays, 9 am - 3 pm

## Farmers Market SW

424 M St SW

Saturdays, 9 am - 1 pm

## FRESHFARM Columbia Heights

14th St & Park Rd NW

Saturdays, 9 am - 1 pm

## FRESHFARM Kenilworth

4321 Ord St NE

Saturdays, 9 am - 1 pm



# FARMERS MARKETS

## FRESHFARM Mount Vernon

499 I St NW

Saturdays, 9 am - 1 pm

## FRESHFARM Monroe St

716 The Arts Walk

Saturdays, 9 am - 1 pm

## FRESHFARM Uptown

Colorado St & Kennedy St NW

Saturdays, 9 am - 1 pm

## Maret School Farmers Market

3000 Cathedral Ave NW

Saturdays, 9 am - 1 pm





# FARMERS MARKETS

## Petworth Community Market

Upshur & 9th St NW  
Saturdays, 9 am - 1 pm

## UDC Van Ness Farmers Market

4200 Connecticut Ave NW  
Saturdays, 9 am - 1 pm

## RFK Stadium Farmers Market

Benning Rd & Oklahoma Ave  
Saturdays, 7 am - 4 pm

## Ward 8 Farmers Market

Barns at St. Elizabeths East (Red Lot) Elm St SE & MLK Ave SE  
Saturdays, 10 am - 3 pm

Note: Shuttles are transporting from old to new site

[Click the Name of the Farmers Market for Directions](#)



# FARMERS MARKETS

## Eastern Market Farmers Market

200 Block of 7th St SE

Sundays, 9 am - 3 pm

## FRESHFARM Dupont Circle

Massachusetts St & 20th St NW

Sundays, 8:30 am - 1:30 pm

## FRESHFARM Walter Reed

6920 Georgia Ave NW

Sundays, 10 am - 1 pm

## Palisades Farmers Market

48th Pl NW at MacArthur Boulevard NW

Sundays, 9 am - 1 pm





## TOP 10 REASONS TO SHOP

1. Freshly picked, in season produce is at its peak in flavor and nutrition.
2. To support your local farmers and economy.
3. Fresh fruit and vegetables are full of antioxidants and phytonutrients.
4. It's a great way to get your kids involved.
5. Supporting local farmers strengthens the community.
6. Farmers markets offer foods that align with MyPlate Guidelines.
7. Farmers often have recommendations for preparing their products.
8. You can try a new fruit or vegetable.
9. SNAP and WIC benefits are accepted at most markets.
10. Farmers markets are very easy to find.